



9TH ANNUAL EARLY CHILDHOOD MENTAL HEALTH CONFERENCE: WE CAN'T WAIT

Conference Schedule: Thursday, September 13, 2018

07-12-18

PRELIMINARY AGENDA
Subject to Change

7:00 – 7:45 AM	Breakfast and Registration
7:45 – 8:30 AM	Opening Remarks Jeff Rowe, MD
8:30 – 9:00 AM	Setting the Stage Jeff Rowe, MD
9:00 – 10:30 AM	Historical Trauma and its Role in Engagement with Services Chandra Ghosh Ippen, PhD - Associate Director, Child Trauma Research Program, University of California, San Francisco and the Director of Dissemination for Child-Parent Psychotherapy (CPP)
10:30 – 10:45 AM	Break & Visit Exhibits
10:45 – 12:15 PM	Multigenerational Trauma, Intergenerational Trauma Chandra Ghosh Ippen, PhD
12:15 – 1:15 PM	Lunch, Visit Exhibits and Bookstore
1:15 – 3:15 PM	<p>Breakout Sessions A</p> <p>The sessions highlighted in yellow are designed to provide insight into complex interactions that clinical providers and clients go through to create a therapeutic alliance. Presenters will include providers, family members, and a moderator to facilitate each session. Discussion will illustrate the struggle and decisions that families go through to seek services, the needs that clients have, how the provider and family members were able to create the alliance and make the services work. Attendees will discover what went well, what did not work, and what could be improved to assure access, engagement, and smooth delivery of services.</p> <p>Attendees will:</p> <ul style="list-style-type: none"> Identify key components of assessment and intervention that are family-focused, culturally-sensitive, and strengths-based specifically for the region, population, group or culture Explore the complex interactions between the individual, the family, and the larger social and cultural contexts into which the family resettles <p>A-1 Engagement with Children and Families from the Middle East Presenter and Panel Moderator: Dilkhwaz Ahmed, Executive Director, License to Freedom</p> <p>A-2 Engagement with Latino Children and Families - Pam Wright, Clinical Director, and Susie Fux-Warner, South Bay Community Services</p> <p>A-3 Engagement with Children and Families from Africa Presenter and Panel Moderator: Amina Sheik Mohamed, MPH, UCSD refugee Health</p> <p>A-4 Engagement with Children and Families from Asia Presenter and Panel Moderator: Michelle Ly, LMFT, Director of Child and Adolescent Mental Health Services, UPAC</p>
3:15 – 3:30 PM	Break & Visit Exhibits
3:30 – 5:00 PM	<p>Breakout Sessions B</p> <p>B-1 The Impact of Trauma & Nurture on Child Development (and Behavior) - Pradeep Gidwani, MD, MPH</p> <p>B-2 Engaging Families with Multi-Generational Trauma – Chandra Ghosh Ippen, PhD</p> <p>B-3 Engagement of African American Families Presenter and Panel Moderator: Marilyn M. English, MS, Project Save Our Children</p> <p>B-4 When Sensory Gets in the Way: An Interdisciplinary Approach to Treatment - Cindy Linder, RN, BSN, Regional Coordinator, Healthy Developmental Services North Inland, Palomar Health, and panelists</p> <p>B-5 Fathers Accessing Care - Daniel Singley, PhD, The Center for Men’s Excellence</p> <p>B-6 The Impact of Community Violence on Infants and Young Children - Wendy Pavlovich, MD and Rosa Ana Lozada, LCSW</p> <p>B-7 Trauma Informed Yoga – Speaker TBD</p> <p>B-8 Children Having Children Steven Wells, Protective Services Program Manager, SD County Child Welfare Services – Extended Foster Care</p>
5:00 PM	Evaluations and Sign Out
5:00 – 7:00 PM	Networking Reception with No Host Bar



9TH ANNUAL EARLY CHILDHOOD MENTAL HEALTH CONFERENCE: WE CAN'T WAIT

Conference Schedule: Friday, September 14, 2018

07-12-18

PRELIMINARY AGENDA
Subject to Change

7:00-7:45 AM	Breakfast and Registration	
7:45 – 9:00 AM	Continuing the Dialogue Ali Freedman, PsyD	
9:00 – 10:45 AM	<p>Voices This session will feature a panel of providers and family members who will speak to their experience around their decision to seek services and how their cultural background influenced those decisions. They will speak about how they were served or not served, and what really helped. The goal is to highlight for providers what we miss, how we can do a better job of understanding and empathizing, and the struggle the families go through to seek services.</p> <p>Attendees will</p> <ul style="list-style-type: none"> • Explore lessons about successful engagement of children and families • Examine vital methods and interventions that can be utilized • Identify ways to improve adherence to treatment <p>Moderator - Ali Freedman, PsyD</p> <ul style="list-style-type: none"> • Immigrants, Refugees and Survivors of Violence - Dilkhwas Ahmed, Executive Director, License to Freedom • Military Families – Susan M. Calvi, MSW, Military Family Specialist, Positive Parenting Program, Jewish Family Service of San Diego • LGBTQI+ in Families – Luck Pecas Luckey, BA, Senior Protective Services Worker, Child Welfare Services (CWS), County of San Diego 	
10:45- 11:00 AM	Break & Visit Exhibits	
11:00 –12:15 PM	Keynote –Engagement of Families from Different Cultures and Background Pradeep Gidwani, MD, MPH, American Academy of Pediatrics, CA Chapter 3 (AAP-CA3)	
12:15 – 1:30 PM	Lunch Visit Exhibits and Book Signing	
1:30 – 3:00 PM	<p>Breakout Sessions C</p> <p>C-1 Developmental Psychopathology and Trauma – Jeff Rowe, MD,</p> <p>C-2 Blanketed By Blame: Engaging Immigrant Survivors of Violence and Their Communities- Dilkhwas Ahmed, Executive Director, License to Freedom</p> <p>C-3 Families Living in Fear of Deportation – Speaker TBD</p> <p>C-4 Grandparents Raising Children- Panel led by Pam Plimpton, Intergenerational Coordinator, Aging and Independent Services, County of San Diego</p> <p>C-5 Practices and Tools for Engaging Families – Pradeep Gidwani, MD, MPH</p> <p>C-6 The Impact of Technology on Young Children - Lisa Linder, Ph.D., Assistant Professor, Clinical Psychologist, Department of Child and Family Development, San Diego State University</p> <p>C-7 What Schools Can Do to Support Special Education Students – Seth Schwartz, Managing Partner, Law Offices of Schwartz & Storey</p> <p>C-8 Engaging LGBTQI+ Children and Families- Luck Pecas Luckey, BA, Senior Protective Services Worker, Child Welfare Services (CWS), County of San Diego</p>	
3:00 – 3:15 PM	Break & Visit Exhibits	
3:15 – 4:45 PM	<p>Breakout Sessions D</p> <p>D-1 Psychopharmacology and Young Children – Charmi Patel- Rao, MD</p> <p>D-2 Engaging Native American Children and Families – Speaker TBD</p> <p>D-3 Engaging Military Families – Panel lead by Kristen Lowther, SAY San Diego, Healthy Start Military Family Resource Center</p> <p>D-4 Domestic Violence – Speaker TBD</p> <p>D-5 Peace in Community – Josh Feder, MD</p> <p>D-6 How Different Cultures Deal with Grief – Melissa Lunardini, Elisabeth Hospice</p> <p>D-7 Vicarious Trauma and Wellness – Babbi Winegarden, PhD</p> <p>D-8 Successful Motivational Interviewing with Parents - Miriah de Matos</p>	
4:45 PM	Evaluations and Sign Out	



Conference Schedule: Saturday September 15, 2018

07-12-18

PRELIMINARY AGENDA

Subject to Change

7:00 – 7:45 AM	Breakfast and Registration
7:45 – 8:00 AM	<p>Leveraging the Playing Field Among Professionals for Maximum Positive Impact Marta Leyva, MA and Ali Freedman, PsyD Presenters will discuss the vision and the learning objectives for this day which is for and about early childhood educators who spend a large portion of the day with children. The goal is to promote inclusion, collaboration and partnership.</p>
8:00– 9:00 AM	<p>Behavioral Health and Early Childhood Education and Professional Collaboration: Neurobiology and Trauma - Jeff Rowe, MD Attendees will explore and appreciate what early childhood education providers do and what behavioral health providers do to contribute to the health and well-being of children and families. Dr. Rowe will address complex issues that children have which are beyond what teachers should have to address, and will discuss collaborative strategies that work.</p>
9:00 – 9:15 AM	Break
9:15 – 10:30 AM	<p>Breakout Workshops</p> <p>E-1 Suspension & Expulsion of Preschoolers Lily Cosico-Berge, PsyD and panelists</p> <p>E-2 Real World Techniques to Help with Behavior Management in the Preschool Classroom Denise VonRotz, LMFT</p> <p>E-3 Working with Families Involved in Child Welfare Lexie Palacio, MA, Lillian Asoera, MA, MFT, and panelists</p> <p>E-4 Engagement, Creativity and Cooperation Between Early Childhood Educators and Behavioral Health Providers. Kim Flowers, LCSW, Director of Family Support Services, Neighborhood House, and panelists</p> <p>E-5 Effective Discipline Policies That Support Social-Emotional Competence Sascha Longstreth, PhD and Sarah Garrity, EdD, San Diego State University Authors of <i>Effective Discipline Policies: How to Create a System that Supports Young Children's Social-Emotional Competence</i></p>
10:30 – 10:45 AM	Break
10:45 AM – 12:00 PM	<p>Breakout Sessions Repeat</p> <p>F-1 Suspension & Expulsion of Preschoolers Lily Cosico-Berge, PsyD and panelists</p> <p>F-2 Real World Techniques to Help with Behavior Management in the Preschool Classroom Denise VonRotz, LMFT</p> <p>F-3 Working with Families Involved in Child Welfare Lexie Palacio, MA, and Lillian Asoera, MA, MFT, and panelists</p> <p>F-4 Engagement, Creativity and Cooperation Between Early Childhood Educators and Behavioral Health Providers. Kim Flowers, LCSW, Director of Family Support Services, Neighborhood House, and panelists</p> <p>F-5 Effective Discipline Policies That Support Social-Emotional Competence Sascha Longstreth, PhD and Sarah Garrity, EdD, San Diego State University Authors of <i>Effective Discipline Policies: How to Create a System that Supports Young Children's Social-Emotional Competence</i></p>
12:00 PM	Evaluations and Sign Out