



14th Annual ECMH Conference

Re-Imagining Prevention and Early Intervention in Communities of Hope

September 28-30, 2023

Hybrid Event ♦ Town and Country Hotel, San Diego, CA ♦ Online



**Early Childhood
Mental Health Conference –
We Can't Wait!**

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Agenda At-A-Glance

Thursday, September 28	
7:30 AM	Live Registration ♦ Zoom Help Desk Open
8:00 AM Pacific A	Memorial Address and Opening Remarks – <i>Ali Freedman, PsyD, MBA, ECMH Conference Co-Chair</i>
8:30 AM	Break
8:45 AM Pacific A	(Live + Virtual) (CME) Zero to Thrive – Part 1 <i>Kate Rosenblum, PhD, ABPP and Maria Muzik, MD, MSc</i>
10:15 AM	Break and Visit Exhibits and Bookstore
10:45 AM Pacific A	(Live + Virtual) (CME) Zero to Thrive – Part 2 <i>Kate Rosenblum, PhD, ABPP and Maria Muzik, MD, MSc</i>
12:15 PM	Lunch – Visit Exhibits and Bookstore
1:30 PM	Breakout Sessions A
Pacific A	A-1 (Live + Virtual) (CME) Disrupted Attachment: What Can Happen and What Can Be Done? (<i>Advanced Audience</i>)
Pacific F & G	A-2 (CME) Zero to Thrive – Part 3
Pacific D	A-3 Culture, Connection & Caring: How Community Health Workers Are a Vital Part of the ECMH Village
Pacific H & I	A-4 Promoting Anti-Bias and Equity in the ECE Classroom and Beyond
Pacific E	A-5 (Live + Virtual) (CME) Re-Envisioning High Risk Pregnancy: Supporting Families Through Pregnancy – Part 1
Pacific C	A-6 (CME) Play Therapy Strategies that <i>Everyone</i> Can Use
3:00 PM	Break and Visit Exhibits and Bookstore
3:30 PM	Breakout Sessions B
Pacific A	B-1 (Live + Virtual) (CME) Early Childhood Development and Mental Health
Pacific D	B-2 (CME) “We Can’t Wait” to Train the Workforce: Challenges in Development & Retention
Pacific C	B-3 (CME) Caring for the Caregivers: Re-Imagining Resilience, Wellness, and Hope
Pacific H & I	B-4 (CME) Transforming the Promise of Pediatric Care Using Team-Based Well Child Visits
Pacific E	B-5 (Live + Virtual) (CME) Re-Envisioning High Risk Pregnancy: Supporting Families through Postpartum – Part 2
Pacific F & G	B-6 Somatic Practice: Incorporating the Body’s Wisdom to Strengthen Community Engagement
5:00-7:00 PM Look Out Point	Networking Reception with Appetizers, No Host Bar, & Entertainment by The Resonators
Friday, September 29	
7:30 AM	Live Registration ♦ Zoom Help Desk Open
8:00 AM Pacific A	(Live + Virtual) (CME) Continuing the Dialogue – <i>Jeff Rowe, MD, ECMH Conference Co-Chair</i>
8:30 AM	Break
8:45 AM Pacific A	(Live + Virtual) (CME) The HOPE Framework: What the Research Tells Us – <i>Robert Sege, MD, PhD, FAAP</i>

9:45 AM	Break and Visit Exhibits
10:00 AM Pacific A	(Live + Virtual) (CME) HOPE in Practice – <i>Robert Sege, MD, PhD, FAAP</i>
11:00 AM	Break and Visit Exhibits
11:15 AM Pacific A	(Live + Virtual) (CME) HOPE in Action in San Diego – <i>Aimee Zeitz, LMFT and Kimberly Giardina, DSW, MSW</i>
12:15 PM	Lunch – Visit Exhibits and Bookstore
1:30 PM	Breakout Sessions C
Pacific D	C-1 (CME) The Powers of HOPE
Pacific E	C-2 (Live + Virtual) Liberating Brilliance: Disrupting the School to Prison Pipeline
Pacific F & G	C-3 But First, the Art: An Art-Based Directive for Families and Groups
Pacific A	C-4 (Live + Virtual) (CME) Trauma Specific Interventions: What Do We Need to Know? – Part 1
Pacific H & I	C-5 <i>En Español</i> : Asegurando el Bienestar del Educador Responsivo al Trauma
Pacific C	C-6 (CME) SmartCare Consultation: A Resource to Help Pediatricians and Families Get Mental Health Care
3:00 PM	Break and Visit Exhibits and Bookstore
3:30 PM	Breakout Sessions D
Pacific D	D-1 HOPE Framework – Local HOPE Educators
Pacific E	D-2 (Live + Virtual) (CME) PCIT with Toddlers (PCIT-T)
Pacific C	D-3 Hope in Action – Family First Prevention Services Act (FFPSA) Pilot Programs
Pacific A	D-4 (Live + Virtual) (CME) Trauma Specific Interventions: What Do We Need to Know? – Part 2
Pacific H & I	D-5 <i>In English</i> : Caring for the Trauma Responsive Educator
5:00 PM	Friday Sessions End
Saturday, September 30	
7:30 AM	Live Registration Open
8:00 AM Pacific A	(CME) Opening Remarks and Setting the Stage – <i>Jeff Rowe, MD, ECMH Conference Co-Chair</i>
8:30 AM Pacific A	(CME) HOPE in Action – What You Need to Know About Building a Team Approach – <i>Robert Sege, MD, PhD, FAAP</i>
9:45 AM	Break
10:15 AM Pacific A	(CME) HOPE in Action – The Team Approach: A Hands-on Experience in Interactive, Multi-disciplinary Case Planning – <i>Robert Sege, MD</i>
11:45 AM Pacific A	(CME) Putting it All Together and Moving Ahead – <i>Jeff Rowe, MD and Robert Sege, MD, PhD, FAAP</i>
12:15 PM	Conference Closes

Welcome

Welcome to the 14th Annual Early Childhood Mental Health Conference – We Can't Wait!

Dear Friends and Colleagues:

The Planning Committee for the Early Childhood Mental Health Conference would like to welcome you to the 14th Annual Conference, ***“Re-Imagining Prevention and Early Intervention in Communities of Hope.”*** Each year we look forward to the excitement, curiosity, intelligence, and commitment to children and youth that you bring. Our last “in person” conference was in 2019 (four years ago!) so we are very excited to be back in person. In addition, we are offering a virtual option for those who can't be with us live. For those who do attend, we will be hosting a reception on Thursday evening with live music and appetizers.

This year we are shifting focus to the role of positive experiences and their impact on human development. There will be presentations highlighting community driven, evidence-based interventions currently in place locally and nationally. The national programs to be featured are Zero to Thrive and HOPE (Healthy Outcomes from Positive Experiences). These programs promote healthy child development, emphasize strengths, positivity, and hope, rather than deficits.

In addition to exploring early childhood development, culturally informed, evidence-based practices and advances in early education programs, attendees will be able to examine ways that our communities and systems of care can better ensure diversity, equity, and access to care.

One of our workshops will be labeled as being of an “advanced” level, designed for attendees with years of experience in the field and higher levels of training. Others will be appropriate for all attendees. This is being done to recognize that our audience has grown more sophisticated and experienced and is eager for a more intense learning experience than has been offered in past years.

On Saturday, we will be having a smaller, more intimate encounter with Dr. Robert Sege and local developers of HOPE programs, allowing attendees to experience using the concepts in imagining how practices could be adapted in the San Diego region.

We sincerely hope you have a fun and interesting time attending this year's conference as we learn together, network, re-invent prevention and early intervention, and set our sights firmly on a future of hope in our communities.

Mark your calendars for next year when we celebrate our 15th Annual Early Childhood Mental Health Conference on September 19-21, 2024.

Thank you for making the decision to join us.



Jeff Rowe, MD

Co-Chair, Early Childhood Mental Health Conference

In Memorium



Debra Stolz

ECMH Planning Committee Member 2010-2020

Deb Stolz was so many things to so many people. She was a mother, grandmother, resource (foster) parent, teacher, mentor, advocate and, to those in the know, she was F.A.B.— you have to know the story. Regardless of how well you may have known her, what was evident to everyone with whom she interacted was her leadership, compassion, and steadfast dedication to children, families, and communities. The world was given a gift when Deb Stolz entered it. We suffered a great loss when she and her daughter, one of her eight children, were tragically lost far too early in July 2020. Besides her family and loved ones doing well, nothing would make her happier than to know her spirit will forever be honored and remembered within the We Can't Wait community. Please join us in holding Deb, her family, and her heart print in your warmest thoughts and with genuine appreciation for the learning and loving she imparted every day, in every way.

Chris Muecke, MEd

ECMH Planning Committee Member 2010-2020

Chris Muecke was an early childhood interventionist, mentor, educator and passionate advocate for infant and early childhood mental health. She left a legacy of relationships and accomplishments to help build the capacity for future generations of early childhood professionals to support the mental health of very young children and their families. Chris positively impacted the lives of countless infants and toddlers with disabilities and their families during the 26 years that she worked as an early interventionist and infant/parent educator for the San Diego Unified School District. She served as a mentor and teacher to students and early childhood educators as a faculty member at San Diego State University and promoted infant and early childhood mental health through her leadership in the San Diego Chapter of the Infant Development Association. She also supported the development of the *Early Childhood Social Emotional and Behavior Regulation Intervention Specialist (ECSEBRIS)* early childhood mental health training program at San Diego State University. Additionally, she helped form an infant mental health community interest group called the *Neuro Nerds* and helped to establish our *Early Childhood Mental Health – We Can't Wait* conference.



General Information

Virtual Lobby:

This is where you can find everything you need!
All handouts and articles can be found online.

[Click Here to Enter the Virtual Lobby](#)



Handouts: Greener conferences! All handouts and articles can be found online. To access handouts and articles associated with this virtual conference, please [Click Here](#).

Session Recordings: Each virtual session is being recorded. **You will receive a link via email two to three weeks after the conference to access the virtual recordings. For CME/CE credit, you must attend the session in person or live on Zoom.** Attendance is captured in each session.

General Evaluations (Non-CME/CE):

We depend upon your feedback to make improvements as well as to demonstrate the value of this conference.

- Overall Evaluation: [Click Here for Overall](#)
 Thursday Speaker Evaluation: [Click Here for Thursday](#)
 Friday Speaker Evaluation: [Click Here for Friday](#)
 Saturday Speaker Evaluation: [Click Here for Saturday](#)



Certificate of Attendance: If you would like a Certificate of Attendance, fill out the evaluation forms above and you will be able to access your Certificate.

Questions? Contact Conference Coordinator, Renee Sievert, 619-507-6683, or email her at ecmhcoordinator@gmail.com.

IF-ECMH Endorsement: For information about the IF-ECMH Endorsement, refer to Page 32 of this program.

To request IF-ECMH Endorsement Certificates for this conference, [Click Here](#) for the fillable request form. Fill it out, download, save, and email it to ecmhcoordinator@gmail.com. Certificates will then be emailed to you after the conference. Requests will be taken until November 30, 2023.

CME/CE Credit: *Special thanks to San Diego County Behavioral Health Services for funding our CME/CE!*

To claim your **CME/CE credit and receive your certificate (Available 09/30/2023 – 12/31/2023):**

1. Go to <http://ecmh.cmecertificateonline.com/>
2. Click on the title for the activity you wish to evaluate:
 - 2023 - 14th Early Childhood Mental Health Conference – ASWB and APA
 - 2023 - 14th Early Childhood Mental Health Conference – ACCME and CA Nurse
3. Save/Download/Print all pages of your certificate for your records
4. If you lose your certificate, or need help, go to help.cmecertificateonline.com
5. Questions? Email Certificate@AmedcoEmail.com

Questions about accreditation boards for this conference? [Click here](#).

Parking: We are pleased to host your parking. Please visit the registration desk to pick up your validation sticker each day.



Distinguished Keynote Speakers



Kate Rosenblum, PhD, ABPP

Kate Rosenblum, PhD, ABPP, IMH-E® is a clinical psychologist and Professor of Psychiatry, Pediatrics, and OB/GYN at the University of Michigan, where she co-directs Zero to Thrive, a program aimed at promoting the health and resilience of families from conception through early childhood through research, training, service, and community partnership. Dr. Rosenblum directs the UM Infancy and Early Childhood Psychiatry Clinic and is one of the developers of the Strong Roots™ programs, including Mom Power, Fraternity of Fathers, and Perinatal DBT. Dr. Rosenblum is an Academy Fellow with ZERO TO THREE and a past president of the Board of the Alliance for the Advancement of Infant Mental Health. She has published 150+ articles, and her research focuses primarily on prevention and intervention to promote equity and resilience among families with young children who have faced adversity.

Maria Muzik, MD, MSc

Maria Muzik, MD, MSc is a Professor of Psychiatry and Obstetrics and Gynecology at the University of Michigan. She holds a medical degree from the University of Vienna, Austria, and completed residency in psychiatry both at University Hospital in Vienna and Michigan. She also holds a master's degree from the University of Michigan School of Public Health. She is the Medical Director of Perinatal and Reproductive Psychiatry at Michigan Medicine, and of MC3 Perinatal, the state-wide perinatal psychiatry access program for primary care. At Michigan Medicine, Dr. Muzik co-directs Zero to Thrive. She co-developed the Strong Roots™ programs, a menu of resiliency-oriented interventions. Her research work focuses on the impact of adversity and mental illness in the context of childbearing on caregiving and the developing parent-child relationship, and how to support families in overcoming psychological and environmental adversity. She is well published, and her work is funded by federal and foundational awards.





Robert Sege, MD, PhD, FAAP

Robert Sege, MD, PhD, FAAP is an attending Pediatrician at Tufts Children's Hospital and a Professor of Pediatrics and Medicine at Tufts University School of Medicine, where he directs the Center for Community-engaged Medicine. Dr. Sege is a Senior Fellow at the Center for the Study of Social Policy in Washington, is part of the Leadership Action Team for Massachusetts Essentials for Childhood Team and serves on the boards of the Massachusetts Children's Trust and Prevent Child Abuse America. He received the 2019 Ray E. Helfer award from the Alliance of Children's Trusts and the American Academy of Pediatrics. He has served on national committees for the American Academy of Pediatrics (AAP) and has been lead author on several important AAP policies. His extensive speaking and publication list includes contributions to the prevention and treatment of child maltreatment and youth violence. He is a graduate of Yale College and received his PhD in Biology from MIT and his MD from Harvard Medical School. Bob lives in the Boston area, where he and his wife Karen have raised three young adult children.

Aimee Zeitz, LMFT

Aimee Zeitz, LMFT has over twenty years of experience in non-profit leadership, built on a foundation of strategic partnerships and authentic collaboration. In 2017, she joined the YMCA Childcare Resource Service, a social services branch of the YMCA of San Diego County. She currently serves as the Regional Director of Strategic Advancement, supporting programs across the agency in providing comprehensive, family-centered services as well as oversight of multiple early childhood mental health programs. She also serves as the Project Director for Partners in Prevention, a local collaborative effort to increase child and family wellbeing and prevent child abuse and neglect. Aimee attended Smith College, earning her BA in Anthropology, followed by her master's degree in Marriage and Family Therapy from San Diego State University.



Kimberly Giardina, DSW, MSW

Kimberly Giardina, DSW, MSW, is the director for the Child and Family Well-Being department with the Health and Human Services Agency. She has been in the field of child welfare for 23 years and has a Doctor of Social Work from the University of Southern California and a Master of Social Work from San Diego State University. Dr. Giardina has consulted on child welfare issues at the national, state, and local levels. Dr. Giardina is leading the transformation of the child welfare system in San Diego into a child and family well-being system with the vision of improving coordination, communication and partnership between family serving organizations in San Diego to help strengthen families and communities so that fewer children experience abuse and neglect. Her passion is to improve policy and practice issues within the child welfare system so that it works best for the children and families it serves.

ECMH Bookstore

ECMH Bookstore

Bookstore: We are pleased to host the ECMH Bookstore located in the Pacific Foyer. In addition to several speakers' books, speakers have made suggestions for clinically relevant titles. Please browse during breaks.

Thursday	7:30 AM—5:00 PM	Lobby
Friday	7:30 AM—5:00 PM	Lobby
Saturday	7:30 AM—12:15 PM	Lobby

Books and Other Publications Authored by Speakers:

Girard, Emma I., Wallace, N.M., Kohlhoff, J.R., Morgan, S.S.J., & McNeil, C.B. (2018). *Parent-Child Interaction Therapy with Toddlers (PCIT-T): Improving Attachment and Emotion Regulation*. New York, Springer Nurture Publishing.

Jane Nelsen, **Aisha Pope**, Mary Tamborski, Lois Ingber. (2021). *Positive Discipline Tools for Kids: 33 Tools for Social-Emotional Learning*. Empowering People, Inc. Publisher.

Sameroff, Arnold J., McDonough, Susan C., & **Rosenblum, Katherine**. (2004). *Treating Parent-Infant Relationship Problems: Strategies for Intervention*. New York, Guilford Press.

Schreibman L., Dufek S., & **Cunningham A. B. (Jobin, A.)**. (2011). *Identifying Moderators of Treatment Outcome for Children with Autism*. In: Matson J., Sturmey P. (Eds) *International Handbook of Autism and Pervasive Developmental Disorders*. Autism and Child Psychopathology Series. Springer.

Muzik, Maria & Rosenblum, Katherine Lisa (Eds.). (2018). *Motherhood in the Face of Trauma: Pathways Towards Healing and Growth. Integrating Psychiatry and Primary Care*, 2522-5693. Springer International Publishing.

- Available for free download at: <https://link.springer.com/book/10.1007/978-3-319-65724-0>. Includes a chapter on Mom Power, as well as chapters on promoting healing, recovery, and resilience from pregnancy through early childhood.

Sege, R., Bethell, C., Linkenbach, J., Jones, J., Klika, B. & Pecora, P.J. (2017). [Balancing Adverse Childhood Experiences with HOPE](#): New Insights into the Role of Positive Experience on Child and Family Development. Boston, The Medical Foundation.

- Accessed at www.cssp.org

Kymerly Byrd and **Robert Sege**. (2016). [Creating a Racially Diverse Biomedical Research Workforce](#).

- Available at www.HRiA.org

Course Description

This **14th Annual Early Childhood Mental Health Conference** will inspire attendees to re-imagine prevention and early intervention and shift the focus to the role of positive experiences in human development. Distinguished speakers will highlight community driven, evidence-based interventions that have been developed, researched, implemented, and are making a difference, including Zero to Thrive from Michigan and the HOPE programs from Chicago. These programs, some of which have been implemented here in San Diego, promote healthy child development (0-5) and emphasize strengths, positivity, and hope, rather than deficits.

In addition to exploring early childhood development, culturally informed, evidence-based practices, and advances in early education programs, attendees will be able to examine ways that our communities and systems of care can better ensure diversity, equity, and access to care so that children have more positive experiences, and that all families have support to nurture and celebrate their strengths.

Finally, we are excited to offer a Hybrid Event this year! Live sessions will be in-person, in San Diego, and a networking reception is planned for Thursday evening. Keynote sessions and selected breakout sessions will simultaneously be offered on Zoom for virtual attendees.

Learning Objectives

At the conclusion of this activity, the participants should be able to:

- Review the neurobiological nature of the developing brain and recognize how it is directly shaped by positive, interpersonal experiences
- Identify best practices in socio-emotional support and strategies for cultivating positive experiences that extend to the home, schools, and community
- Create partnerships among healthcare, education, behavioral health, and child welfare professionals to create communities of hope for infants, children and families
- Discover ways to build workforce capacity and community involvement to expand diversity-informed strategies that support infants, children, and families

Target Audience

The target audience includes those involved in providing assessment, treatment, education, support, and advocacy for children and families. Attendees will include psychiatrists, pediatricians, marriage and family therapists, social workers, psychologists, mental health workers, substance abuse and addiction professionals, counselors and case managers, nurses, occupational therapists, physical therapists, speech therapists, teachers, educators, child welfare workers, early childhood education providers, childcare specialists, mental health administrators and other healthcare and educational providers.

CME/CE Credit:

Special thanks to San Diego County Behavioral Health Services for funding our CME/CE!

To claim your **CME/CE credit and receive your certificate**:

1. Go to <http://ecmh.cmecertificateonline.com/>
2. Click on the title for the activity you wish to evaluate:
 - **2023 - 14th Early Childhood Mental Health Conference – ASWB and APA**
 - > Evaluation will be available 09/30/2023 – 12/31/2023
 - **2023 - 14th Early Childhood Mental Health Conference – ACCME and CA Nurse**
 - > Evaluation will be available 09/30/2023 – 12/31/2023
3. Save/Download/Print all pages of your certificate for your records.
4. If you lose your certificate, or need help, go to help.cmecertificateonline.com

Questions? Email Certificate@AmedcoEmail.com

Questions about accreditation boards for this conference? [Click here](#).

Accreditation



Sievert Services, LLC

2023 14th Annual Early Childhood Mental Health Conference – We Can't Wait!

Live: September 28-30, 2023

San Diego, CA and Live Online

Acknowledgement of Financial Commercial Support

No financial commercial support was received for this educational activity.

Acknowledgement of In-Kind Commercial Support

No in-kind commercial support was received for this educational activity.

Satisfactory Completion

Learners must complete an evaluation form to receive a certificate of completion. Your chosen sessions must be attended in their entirety. Partial credit of individual sessions is not available. If you are seeking continuing education credit for a specialty not listed below, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.

Joint Accreditation Statement



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by Amedco LLC and Sievert Services, LLC on behalf of the Early Childhood Mental Health Conference (ECMH) – We Can't Wait! Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. Amedco joint Accreditation #4008163.

Physicians (ACCME) Credit Designation

Amedco LLC designates this live activity for a maximum of **16.25 AMA PRA Category 1 Credits™**.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists (APA) Credit Designation



This course is co-sponsored by Amedco and Sievert Services LLC on behalf of the Early Childhood Mental Health Conference (ECMH). Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content. **16.25** hours.

The following state boards accept courses from APA providers for Counselors: AK, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, IA, ID, IL, IN, KS, KY, MD, ME, MO, NC, ND, NE, NH, NJ, NM, NV, OK*, OR, PA, RI, SC, SD, TN, TX, UT, VA, WI, WY

MI: No CE requirements

***OK:** Accepts APA credit for live, in-person activities but not for ethics and/or online courses.

The following state boards accept courses from APA providers for MFTs: AK, AR, AZ, CA, CO, CT, DE, FL, GA, IA, ID, IN, KS, MD, ME, MO, NC, NE, NH, NJ, NM, NV, OK*, OR, PA, RI, SC, SD, TN, TX, UT, VA, WA, WDC, WI, WY

AL MFTs: Credits authorized by NBCC or any other state licensing agency will be accepted.

MA MFTs: Participants can self-submit courses not approved by the MAMFT board for review.

The following state boards accept courses from APA providers for Addictions Professionals: AK, AR, CO, CT, DC, DE, GA, IA, IN, KS, LA, MD, MO, MT, NC, ND, NE, NJ, NM, NY (held outstate NY ONLY), OK*, OR, SC, UT, WA, WI, WY

The following state boards accept courses from APA providers for Social Workers: AK, AR, AZ, CA, CO, DE, FL, GA, ID, IN, KY, ME, MN, MO, NE, NH, NM, OR, PA, VT, WI, WY

Social Workers (ASWB) Credit Designation



As a Jointly Accredited Organization, Amedco is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial

regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Amedco maintains responsibility for this course. ASWB Learner Level: **Intermediate**. Social Workers completing this course receive **16.25** GENERAL continuing education credits.

The following state boards accept courses offering ASWB ACE credit for Social Workers: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, ID, IL, IN, IA, KS, KY, LA, ME, MD, MA, MI, MN, MS, MO, MT, NC, ND, NE, NH, NM, NV, OH, OK*, OR, PA, RI, SC, SD, TN, TX, UT, VT, VA, WA, WI, WV*, WY

***OK:** Accepts ASWB ACE for live, in-person activities but not for ethics and/or online courses.

***WV:** Accepts ASWB ACE unless activity is held live in West Virginia.

The following state boards accept courses offering ASWB ACE credit for Counselors: AK, AR, AZ, CA, CO, CT, DC, FL, GA, IA, ID, IL, IN, KS, MA, MD, ME, MO, ND, NE, NM, NH, NV, OK*, OR, PA, TN, TX, UT, VA, WI, WY

MI: No CE requirement

The following state boards accept courses offering ASWB ACE credit for MFTs: AK, AR, AZ, CA, CO, FL, IA, ID, IN, KS, MD, ME, MO, NC, NE, NH, NM, NV, OK*, OR, PA, RI, TN, TX, UT, VA, WI, WY

AL MFTs: Credits authorized by NBCC or any other state licensing agency will be accepted.

MA MFTs: Participants can self-submit courses not approved by the MAMFT board for review.

MI: No CE requirement

The following state boards accept courses offering ASWB ACE credit for Addictions Professionals: AK, CA, CO, CT, GA, IA, IN, KS, LA, MO, MT, ND, NM, NV, OK, OR, SC, WA, WI, WV, WY

CA Nurses (CA BRN)

Amedco is approved by the CA Board of Registered Nursing, Provider #CEP13683, for **16.25** contact hours.

Objectives – After Attending This Program You Should Be Able To

1. Review the neurobiological nature of the developing brain and recognize how it is directly shaped by positive, interpersonal experiences
2. Identify best practices in socio-emotional support and strategies for cultivating positive experiences that extend to the home, schools, and community
3. Identify best practices in socio-emotional support and strategies for cultivating positive experiences that extend to the home, schools, and community
4. Identify best practices in socio-emotional support and strategies for cultivating positive experiences that extend to the home, schools, and community

Disclosure of Conflict of Interest

The following table of disclosure information is provided to learners and contains the relevant financial relationships that each individual in a position to control the content disclosed to Amedco. All of these relationships were treated as a conflict of interest, and have been resolved. (C7 SCS 6.1—6.2, 6.5)

All individuals in a position to control the content of CE are listed in the program in the Faculty List and Planning Committee sections. If their name is not listed below, they disclosed that they had no financial relationships with a commercial interest.

First	Last	Commercial Interest
Mark	Chenven	Vista Hill: Employee
Emma	Girard	Private Practice: Owner; UCR School of Medicine: Employee; Springer Publishing: Other
Allison	Jobin	Simms/Mann Institute and Foundation: Consultant; Baby Live Advice: Other

Conference Schedule

Conference Schedule: Thursday, September 28

All Times Are PDT

Up to 16.25 Contact Hours CME/CE (Depending Upon Which Sessions You Attend)

7:30 – 8:00 AM	Live Registration and Zoom Help Desk Open
8:00 – 8:30 AM	(Live + Virtual) The Deb Stolz and Chris Muecke Memorial Address and Welcoming Remarks <i>Ali Freedman, PsyD, MBA, ECMH Conference Co-Chair</i>
Pacific Ballroom A	<p>Deb Stolz was a Founding Mother of the We Can't Wait Conference and a Grounding Mother for literally hundreds in the San Diego community. She will continue to be a Guiding Mother for thousands through her legacy of teaching and being with others in exquisite compassion. We continue to miss her.</p> <p>Chris Meucke was a Founding Member of the We Can't Wait Conference and a passionate advocate for infant and early childhood mental health. She worked in early intervention and infant/parent education for the San Diego Unified School District for 26 years and served as a faculty member at San Diego State University. We will miss her.</p>
8:30 – 8:45 AM	Break
8:45 – 10:15 AM	(Live + Virtual) Zero to Thrive – Part 1 <i>Kate Rosenblum, PhD, ABPP, IMH-E, Professor of Psychiatry, OB/GYN, and Pediatrics, Co-Director, Zero to Thrive, University of Michigan and Maria Muzik, MD, MSc, Professor of Psychiatry and OB/GYN, Co-Director, Zero to Thrive, University of Michigan</i>
Approved CME/CE	<p>Attendees will be introduced to the Zero to Thrive and the Strong Roots™ framework. Presenters will review the science behind resilience from conception through early childhood, and how both the science and partnership with parents, providers, and communities (the “We”) led to the identification of the Strong Roots Protective Factors. Special emphasis will be given to the power of nature metaphors for describing how early relationships lay a foundation for healthy development, as well as the critical need to attend to equity-focused and community-engaged work that “nourishes the soil.” Drawing work with Mom Power, Fraternity of Fathers, and Strong Roots Parent Cafés, presenters will illustrate how Strong Roots Protective Factors can help families and communities flourish.</p> <p>Attendees will be able to:</p> <ul style="list-style-type: none"> • Review the science of early relationships and the evidence base for protective factors that promote resilience from conception through early childhood • Explore nature-based metaphors to use with families to strengthen early relationships and promote strong communities • Recognize the Strong Roots Protective Factors
IF-ECMH Competency Domain 1A, 1D	
10:15 – 10:45 AM	Break Visit Exhibits and Bookstore in Pacific Foyer

Thursday, September 28

<p>10:45 AM – 12:15 PM</p> <p>Pacific Ballroom A</p> <p>Approved CME/CE</p> <p><i>IF-ECMH Competency Domain 1A, 1D, 1F</i></p>	<p>(Live + Virtual) Zero to Thrive – Part 2 Kate Rosenblum, PhD, ABPP, IMH-E, Professor of Psychiatry, OB/GYN, and Pediatrics, Co-Director, Zero to Thrive, University of Michigan and Maria Muzik, MD, MSc, Professor of Psychiatry and OB/GYN, Co-Director, Zero to Thrive, University of Michigan</p> <p>Presenters will delve more deeply into the Strong Roots Protective Factors, including an emphasis on “Supporting Feelings,” and will review a tool designed to complement the Tree metaphor that can be used to support a process of reflection, thereby nurturing early relationships. This approach honors the strengths of families, recognizing there is no “one right way” to parent, instead empowering parents and caregivers to create space for reflection and consider how they want to respond to their children’s feelings and needs. Attendees will be encouraged to consider how this approach might also be used to understand and respond to parents’, caregivers’, and even their own, feelings and needs. All tools shared are freely available in both English and Spanish.</p> <p>Attendees will be able to:</p> <ul style="list-style-type: none"> • Describe how reflective parenting can nurture early relational health • Explore how to use the Tree and the Wondering Response Wheel to promote parent/caregiver reflection • Use the Tree metaphor to recognize and attend to their own feelings and needs as providers
<p>12:15 – 1:30 PM</p>	<p>Lunch on Flamingo Lawn Visit Exhibits and Bookstore in Pacific Foyer</p>
<p>1:30 – 3:00 PM</p> <p>Pacific Ballroom A</p> <p>Approved CME/CE</p> <p><i>IF-ECMH Competency Domain 1A, 1F</i></p>	<p>Breakout Sessions A 1.5 Contact Hours • Note: All Sessions CME/CE Approved as Noted</p> <p>A-1 (Live + Virtual): Disrupted Attachment: What Can Happen and What Can Be Done? (Advanced Audience) Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH Conference Co-Chair</p> <p>This session will provide an opportunity for the audience to think along with the presenter about how to help children and caregivers who have disrupted attachments. This case-based format will provide specific information about the role of attachment styles, the purpose of these styles, how the styles present in the real world, and how to help the caregivers and the children repair their attachment and improve their attunement. This presentation is designed for clinicians and supervisors who are already familiar with the concept of attachment and wish to practice identifying attachment patterns and explore interventions that might repair the disruptions. The intent is for attendees to feel as if they are involved in a case discussion with the presenter.</p> <p>Attendees will be able to:</p> <ul style="list-style-type: none"> • Identify disrupted attachment as it presents in clinical situations • Review the purposes of the various attachment styles and how they develop • Examine methods that can be used to help improve attunement and repair the disrupted attachment

Thursday, September 28

<p>Pacific F & G</p> <p>Approved CME/CE</p> <p><i>IF-ECMH Competency Domain 1A, 1F, 1G</i></p>	<p>A-2: Zero to Thrive – Part 3 Kate Rosenblum, PhD, ABPP, IMH-E, Professor of Psychiatry, OB/GYN, and Pediatrics, Co-Director, Zero to Thrive, University of Michigan and Maria Muzik, MD, MSc, Professor of Psychiatry and OB/GYN, Co-Director, Zero to Thrive, University of Michigan</p> <p>This session will provide an opportunity to analyze the Strong Roots programs, with a special focus on Mom Power™ (“Mamá Empoderada”). Mom Power™ is an evidence-based, resiliency-promoting multifamily group preventive intervention that integrates support for parenting and mental health. Co-developed with parents and providers, Mom Power™ can be delivered in a range of settings and with diverse populations. Presenters will describe key features and create opportunities to practice strategies employed so that attendees have more Strong Roots tools to “take home” to their own practice. Attendees will also explore Strong Roots Parent Cafés, a parent-led program designed to nurture conversations to build community, support reflection, and strengthen protective factors, and that can be used to sustain connections built through other Strong Roots programs.</p> <p>Attendees will be able to:</p> <ul style="list-style-type: none"> • Outline key features of the Mom Power™ program • Practice using key metaphors and concepts from the Mom Power™ program • Identify adaptations and tailoring of the Mom Power™ program to serve diverse communities
<p>Pacific D</p> <p>Approved CE</p> <p><i>IF-ECMH Competency Domain 1A, 1F, 1G</i></p>	<p>A-3: Culture, Connection, and Caring: How Community Health Workers are a Vital Part of the ECMH Village Margarita Holguin, MPA, President and Founder, Consulting Solutions, LLC and Founding Chair of the San Diego County Promotores Coalition, Liliana Osorio, MPH, Project Manager, University of California San Diego Center for Community Health, Eric Hekler, PhD, Professor, Associate Dean, Herbert Wertheim School of Public Health and Human Longevity Science, and Director, Center for Wireless and Population Health Systems, University of California San Diego, Fareshta Quedees, MD, Program Supervisor, San Diego Refugee Community Coalition, and Pradeep Gidwani, MD, MPH, FAAP, Medical Director, Healthy Development Services (HDS) and First Steps, American Academy of Pediatrics, California Chapter 3</p> <p>Throughout the state of California, Community Health Workers (CHW) are providing a critical bridge between the community providing services and the community receiving services. This session will explore how CHWs can help early childhood mental health (ECMH) providers better connect with families with young children. CHWs, like ECMH providers, are focused on relationship. One aspect of the CHW’s role is being a cultural navigator for families and providers. They are comfortable in both worlds. The speakers will review what is important to families from various communities and how to build effective relationships based on mutual respect and trust.</p> <p>Attendees will be able to:</p> <ul style="list-style-type: none"> • Examine the role of Community Health Worker (CHW) as an essential member of care teams • Explore the role of culture in child development and social emotional expectations • Identify ways to build relationship to various communities • Describe the five Components for Enhancing Clinical Engagement and Reducing Trauma (CE-CERT)

Thursday, September 28

<p>Pacific H & I</p> <p>Approved CE</p> <p><i>IF-ECMH Competency Domain 1B, 1C, 1D, 1E</i></p>	<p>A-4: Promoting Anti-Bias and Equity in the ECE Classroom and Beyond Brettney Stanley, <i>Early Education Quality Improvement Support Coach, San Diego County Office of Education</i></p> <p>When we put equity and anti-bias at the heart of early childhood education, we have an opportunity to create a better world. Educators can help children appreciate family, culture, and diversity as they develop their sense of self. During this overview, participants will become familiar with the four core goals of anti-bias education, explore resources that support anti-bias work in the early childhood setting, and identify strategies to foster equity and anti-bias in their programs.</p> <p>Attendees will be able to:</p> <ul style="list-style-type: none"> • Define equity and anti-bias in early childhood education settings and become familiar with the four core goals of anti-bias education • Reflect on the role that early childhood educators play in fostering equitable learning experiences • Explore resources and strategies to support the four core goals of anti-bias education that can be implemented with children and families
<p>Pacific E</p> <p>Approved CME/CE</p> <p><i>IF-ECMH Competency Domain 1A, 1C, 1D</i></p>	<p>A-5 (Live + Virtual): Re-Envisioning High Risk Pregnancy: Supporting Families Through Pregnancy – Part 1 Kelly Curtis Hughes, <i>LMFT, RPT, Early Childhood Mental Health Therapist, Rady Children’s Hospital San Diego</i>, and Kristen Eberly, <i>LCSW, Psychotherapist, Well-Mamas Family Counseling</i></p> <p>High-risk pregnancies are often narrowly medically defined. This presentation will raise awareness of the often-unacknowledged risks in pregnancy that are impacting mothers and families. Unfortunately, in our current medical system, there is minimal time and consideration given to the mother’s mental well-being during pregnancy, especially in high-risk pregnancies. In this session, attendees will hear the lived experiences of mothers who have navigated a high-risk pregnancy and will leave with a new perspective with which to hold the mother in mind, as her mental health is crucial. Attendees will discover specific strategies to utilize in supporting high-risk pregnancies. Then, session B-5 (Part 2) will explore the postpartum period for people who have navigated high-risk pregnancies.</p> <p>Attendees will be able to:</p> <ul style="list-style-type: none"> • Define high-risk pregnancies and risk factors mothers and families experience • Expand the definition of “high-risk pregnancies” beyond what is typically medically acknowledged • Recognize the impact of high-risk pregnancies on mothers and families • Identify concrete and effective ways to support mothers and families who are navigating high-risk pregnancies

Thursday, September 28

<p>Pacific C</p> <p>Approved CME/CE</p> <p><i>IF-ECMH Competency Domain 1A, 1F</i></p>	<p>A-6: Play Therapy Strategies that <i>Everyone</i> Can Use Denise VonRotz, LMFT, RPT-S, IF-ECMHS, RPF II, Therapist/Owner of Hope and Healing Child and Family Therapy, Inc.</p> <p>Have you ever wondered how you can be a therapeutic support to a child you know and/or care for? Interventions are more accessible than you may think. Attendees in this session will explore how connecting intention with a child’s language of play can make a tremendous impact.</p> <p>Attendees will be able to:</p> <ul style="list-style-type: none"> • Identify why play is an important tool for therapeutic intervention with young children • Explore how connecting intention with a child’s language of play can have a therapeutic impact • Identify at least three play activities that anyone can use to be a therapeutic support to a child
<p>3:00 – 3:30 PM</p>	<p>Break Visit Exhibits and Bookstore in Pacific Foyer</p>
<p>3:30 – 5:00 PM</p> <p>Pacific Ballroom A</p> <p>Approved CME/CE</p> <p><i>IF-ECMH Competency Domain 1A, 1B, 1C, 1D</i></p>	<p>Breakout Sessions B 1.5 Contact Hours • Note: All Sessions CME/CE Approved as Noted</p> <p>B-1 (Live + Virtual): Early Childhood Development and Mental Health Pradeep Gidwani, MD, MPH, FAAP, Medical Director, Healthy Development Services (HDS) and First Steps, American Academy of Pediatrics, California Chapter 3</p> <p>Dr. Gidwani will introduce Early Childhood Mental Health through the lens of child and parent development. The session will cover foundation topics in early childhood mental health, including neurobiology, nurture, trauma, attachment and attunement, temperament, self-regulation, and co-regulation. Attendees will also explore societal and cultural aspects of child development.</p> <p>Attendees will be able to:</p> <ul style="list-style-type: none"> • Explore the importance of relationships and nurture on physical, emotional, cognitive and social development • Examine the impact of childhood trauma on brain development, child development, and behavior • Identify the key principles of Early Childhood Mental Health



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<p>Pacific D</p> <p>Approved CME</p> <p>IF-ECMH Competency Domain 1G</p>	<p>B-2: “We Can't Wait” to Train the Workforce: Challenges in Workforce Development and Retention</p> <p>Lisa Linder, PhD, Assistant Professor, Child and Family Development, San Diego State University, Teresa Lind, PhD, Assistant Professor, Child and Family Development, San Diego State University, and Allison Jobin, PhD, BCBA-D, Assistant Professor, Department of Psychology, California State University, San Marcos</p> <p>This session will present and explore trends, challenges, and opportunities in workforce recruitment, development, and retention within child and family services in our local regions and California. We will discuss the workforce pipeline and various entry/exit points for candidates, explore needs and barriers impacting a sample of service sectors, and examine promising strategies to support sustainable recruitment, development, and retention of a qualified and trained child and family services workforce. Discussion will include strategies for recruitment of a diverse workforce, partnership opportunities with educational institutions, stress and burnout reduction, and the development of effective climates for training in, and supervision and implementation of, child- and family-focused evidence-based practices.</p> <p>Attendees will be able to:</p> <ul style="list-style-type: none"> • Explore the issues and challenges in workforce development and retention in child and family services • Examine the recent research on workforce development and identify important trends • Discuss promising workforce interventions and apply best practices • Identify ways to improve outcomes for children and families served through our workforce
<p>Pacific C</p> <p>Approved CME/CE</p> <p>IF-ECMH Competency Domain 1A</p>	<p>B-3: Caring for the Caregivers: Re-Imagining Resilience, Wellness, and Hope</p> <p>Babbi Winegarden, PhD, MHPE, Behavioral Health Program Coordinator, Child and Family Well-Being, County of San Diego Health and Human Services Agency</p> <p>Secondary Traumatic Stress (STS) can have an impact on anyone who works with clients who have experienced trauma. The goals of this session are to understand the symptoms of STS as well as to explore ways to mitigate the potential impact of STS. As part of mitigating STS, attendees will embark on a journey that builds conscious oversight of one’s own risk and protective factors for STS, while focusing on resilience, wellness, hope, and general ways of coping with traumatic material and events. Participants will leave this session with an individualized STS skills and wellness plan.</p> <p>Attendees will be able to:</p> <ul style="list-style-type: none"> • Differentiate Primary Trauma, Secondary Traumatic Stress (STS), Vicarious Trauma (VT), Compassion Fatigue and Burn-out • Identify risk factors for STS • Identify protective/mitigating factors related to STS • Develop conscious oversight of your current stress symptoms, your own risk factors and your own protective factors • Develop a list of coping tools to prevent/mediate the effects of secondary trauma as well as build resiliency and HOPE • Create a personal STS Building Resiliency and HOPE Tree Diagram

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<p>Pacific H & I</p> <p>Approved CME/CE</p> <p><i>IF-ECMH Competency Domain 1A, 1E, 1F, 1G</i></p>	<p>B-4: Transforming the Promise of Pediatric Care Using Team-Based Well Child Visits <i>Sarah Nolan, MA, Program Manager, HealthySteps, Rady Children's Hospital San Diego, and Yinxi Wu, LCSW, HealthySteps, Riverside University Health System</i></p> <p>Presenters will demonstrate how behavioral health integration begins at the pediatric newborn visit and will introduce participants to the HealthySteps program. The HealthySteps program is an evidence-based, effective, interdisciplinary pediatric primary care program that promotes nurturing parenting and healthy development for babies and toddlers, particularly in areas where there have been persistent inequities for families of color or with low incomes. HealthySteps specialists are integrated into the pediatric team to provide short-term behavior/development consultation and referrals, intensive services when needed, and support practice screening efforts.</p> <p>Attendees will be able to:</p> <ul style="list-style-type: none"> • Explore the HealthySteps program model and the evidence-base of the program • Identify opportunities for implementing an interdisciplinary primary care program model, like HealthySteps, within your organization • Discover how to interface with existing HealthySteps programs in your community • Examine the flexibility of this type of model, looking at both the private practice and Federally Qualified Health Center (FQHC) models, including attention to sustainability
<p>Pacific E</p> <p>Approved CME/CE</p> <p><i>IF-ECMH Competency Domain 1A, 1C, 1D</i></p>	<p>B-5 (Live + Virtual): Re-Envisioning High Risk Pregnancy: Supporting Families Through Postpartum – Part 2 <i>Kelly Curtis Hughes, LMFT, RPT, Early Childhood Mental Health Therapist, Rady Children's Hospital San Diego, and Kristen Eberly, LCSW, Psychotherapist, Well-Mamas Family Counseling</i></p> <p>A high-risk pregnancy can have lasting effects on a mother's emotional well-being, even after birth. Often the prenatal experiences of constant worry, stress, and uncertainty are minimized and the focus shifts to the baby. However, many mothers experience the residual impacts of a high-risk pregnancy and face additional challenges postpartum. Postpartum depression, anxiety, and post-traumatic stress disorder are common among mothers who have navigated a high-risk pregnancy. In this presentation, attendees will hear the lived experiences of women who have navigated these challenges throughout their postpartum experience. Participants will explore the impacts high-risk pregnancies have on the mental health of mothers and learn specific strategies to utilize to support postpartum families after high-risk pregnancies.</p> <p>Attendees will be able to:</p> <ul style="list-style-type: none"> • Define perinatal mood and anxiety disorders, with a focus on post-partum depression and anxiety, in the context of high-risk pregnancies • Examine the impact of postpartum anxiety and depression upon the mother and family • Identify concrete and effective ways to support mothers and families who are navigating the post-partum period after a high-risk pregnancy

Thursday, September 28

<p>Pacific F & G</p> <p><i>IF-ECMH Competency Domain 1C</i></p>	<p>B-6: Somatic Practice: Incorporating the Body's Wisdom to Strengthen Community Engagement</p> <p>Ariane Porras, Program Director of Partner and Community Engagement, Childcare Resource Service, YMCA of San Diego County</p> <p>This session will explore how the body's stress response system and language contribute to the way we show up in our work and affect the results we have. Learning and reflecting on the way we tend to favor or react to the nature of our work will help us not only be more self-aware and attuned to our needs, but it will also help us be more present and connected to the needs of the humans we interact with in and out of the office.</p> <p>Attendees will be able to:</p> <ul style="list-style-type: none"> • Identify nervous system stages of activation and rest • Explore the ways our bodies react to stress and work situations • Examine how we can better engage and shift our nervous system state • Practice scanning our bodies for sensation, activation and regulation signals
<p>5:00 – 7:00 PM</p> <p>Look Out Point</p>	<p>Networking Event, Appetizers, No Host Bar Entertainment by The Resonators (Acoustic Classic Rock & Blues)</p>  <p>An acoustic duo featuring guitar/vocalists John January and Bruce Wexler, who have played together for years. The duo originated as an acoustic remedy to the pandemic-crushed band scene at the time, and continue to bring their guitar and vocal harmony work to their classic rock and blues inspired repertoire.</p>  <p>John is a <i>Billboard Magazine</i> Award Winning Songwriter and is honored as a great blues artist in the Blues Hall of Fame. He has performed with notables such as Curtis Salgado, The Bayou Brothers and Sue Palmer. Bruce, a diehard San Francisco classic rock era enthusiast, is a founding member of several local bands. He has been entertaining audiences on guitar and vocals since he was a young teen on the County Fair circuit.</p>



Conference Schedule: Friday, September 29

All Times Are PDT

Up to 16.25 Contact Hours CME/CE (Depending Upon Which Sessions You Attend)

7:30 – 8:00 AM	Live Registration and Zoom Help Desk Open
8:00 – 8:30 AM	(Live + Virtual) Continuing the Dialogue Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH Conference Co-Chair
Pacific Ballroom A	
Approved CME/CE	This session will explore highlights and summaries from Thursday, continue the discussion about the substantial impact that positive experiences can have on the developing brain, and how we can re-imagine prevention, early intervention and ongoing services for children and families.
<i>IF-ECMH Competency Domain 1C</i>	Attendees will be able to: <ul style="list-style-type: none"> • Introduce shifts in focus which have contributed to studying the effects of positive experiences in early childhood development • Discover ways to re-imagine prevention and early intervention that focus on positive childhood experiences, protective factors, and resilience
8:30 – 8:45 AM	Break
8:45 – 9:45 AM	(Live + Virtual) The HOPE Framework: What the Research Tells Us Robert Sege, MD, PhD, FAAP, Director, HOPE National Resource Center, Director, Center for Community-Engaged Medicine, Co-Director, Stakeholder and Community Engagement for Tufts Clinical and Translational Science Institute, and Professor, Tufts University School of Medicine
Pacific Ballroom A	
Approved CME/CE	Children's brains grow and develop in response to their experiences, both positive and adverse. The HOPE framework centers children's experiences of safe stable secure relationships, safe and equitable environments, engagement with family and community, and opportunities for emotional growth. Over the past two years, the knowledge base, particularly about positive childhood experiences, has exploded. This session will update the audience concerning the research evidence supporting the importance of positive childhood experiences on child and adult health. The keynote will begin with a summary of the HOPE (Healthy Outcomes from Positive Experiences) framework, then review data from public health surveys and from the scientific literature that supports the HOPE framework. The session will conclude by summarizing the implications of this new knowledge.
<i>IF-ECMH Competency Domain 1A, 1C, 1D</i>	Attendees will be able to: <ul style="list-style-type: none"> • List the four building blocks of HOPE • Review the evidence supporting the importance of positive childhood experiences • Describe the implications of using the HOPE framework to transform the approach to service delivery
9:45 – 10:00 AM	Break Visit Exhibits and Bookstore in Pacific Foyer

Friday, September 29

<p>10:00 – 11:00 AM</p> <p>Pacific Ballroom A</p> <p>Approved CME/CE</p> <p><i>IF-ECMH Competency Domain 1A, 1C, 1D, 1F</i></p>	<p>(Live + Virtual) HOPE in Practice Robert Sege, MD, PhD, FAAP, Director, HOPE National Resource Center, Director, Center for Community-Engaged Medicine, Co-Director, Stakeholder and Community Engagement for Tufts Clinical and Translational Science Institute, and Professor, Tufts University School of Medicine</p> <p>Attendees will explore the practical implications of the HOPE platform. This session builds on an understanding of the HOPE framework and the evidence supporting the lifelong effects of key positive childhood experiences. Using videos and case studies, this session will illustrate what HOPE-informed care adds, with examples being drawn from a variety of sectors. Approaches to addressing systemic racism and implicit bias will be incorporated. Finally, the presentation will highlight the six organizational standards that support HOPE-informed care.</p> <p>Attendees will be able to:</p> <ul style="list-style-type: none"> • Provide at least one example of an element of HOPE-informed care • Explain the anti-bias technique of individuation and how it relates to HOPE-informed care • Develop at least one idea for practice change that incorporates the HOPE framework
<p>11:00 – 11:15 AM</p>	<p>Break Visit Exhibits and Bookstore in Pacific Foyer</p>
<p>11:15 AM – 12:15 PM</p> <p>Pacific Ballroom A</p> <p>Approved CME/CE</p> <p><i>IF-ECMH Competency Domain 1D, 1G</i></p>	<p>(Live + Virtual) HOPE in Action in San Diego Aimee Zeitz, LMFT, Director of Strategic Advancement, YMCA of San Diego County, and Kimberly Giardina, DSW, MSW, Director, Child and Family Well-Being (CFWB), County of San Diego Health and Human Services Agency</p> <p>This session will effectively outline what is possible when there is an intentional, planned and coordinated shift from a child welfare system into a child well-being system. Presenters will explore progress that has already been made, generate excitement among attendees, and invite collaboration from community partners and stakeholders around this shift. This session will also illustrate what it means to shift from mandated reporting to community supporting, and how this contributes to creating a vision of HOPE for San Diego.</p> <p>Attendees will be able to:</p> <ul style="list-style-type: none"> • Identify what the change from Child Welfare Services to Child and Family Well-Being means • Explore the HOPE framework and how it can be utilized and implemented in San Diego and other communities • Examine the shift from mandated reporting to community supporting
<p>12:15 – 1:30 PM</p>	<p>Lunch on Flamingo Lawn Visit Exhibits and Bookstore in Pacific Foyer</p>

Friday, September 29

1:30 – 3:00 PM	Breakout Sessions C <i>1.5 Contact Hours</i> • <i>Note: All Sessions CME/CE Approved as Noted</i>
<p style="text-align: center;">Pacific D</p> <p style="text-align: center;">Approved CME/CE</p> <p style="text-align: center;"><i>IF-ECMH Competency Domain 1A, 1C, 1D, 1G</i></p>	<p>C-1: The Power of HOPE</p> <p>Robert Sege, MD, PhD, FAAP, Director, HOPE National Resource Center, Director, Center for Community-Engaged Medicine, Co-Director, Stakeholder and Community Engagement for Tufts Clinical and Translational Science Institute, and Professor, Tufts University School of Medicine, Miriah de Matos, MPH, MA, Senior Project Specialist, American Academy of Pediatrics, California Chapter 3, and Ariane Porras, Program Director of Partner and Community Engagement, Child Resource Center, YMCA of San Diego County</p> <p>The power of HOPE reshapes care and service delivery in ways that enable child- and family-serving organizations to better accomplish their own missions of improving the lives of the children and families they serve. In addition to the strengths-based, anti-racist HOPE Framework to prioritize positive childhood experiences—such as supportive relationships and safe environments to live, learn, and play—the spirit of HOPE shift power to the family and community. The HOPE approach is built on science and is delivered in a manner where families and communities have the felt sense that they matter. This session demonstrates how the structure, tools, training, and technical assistance of HOPE enables organizations to successfully implement and/or sustain their journey of positive change.</p> <p>Attendees will be able to:</p> <ul style="list-style-type: none"> • Identify key drivers of change for families and communities • Describe the spirit of HOPE-informed care • Explore possible linkages among San Diego County agencies and organizations
<p style="text-align: center;">Pacific E</p> <p style="text-align: center;">Approved CE</p> <p style="text-align: center;"><i>IF-ECMH Competency Domain 1C, 1D</i></p>	<p>C-2 (Live + Virtual): Liberating Brilliance: Disrupting the School to Prison Pipeline</p> <p>Aisha Pope, LCSW, Director of Foster Care Services, San Diego Center for Children=FFAST, LaTysa Flowers, AS, AA, FSS, Association Director of Diversity Inclusion and Belonging, YMCA of San Diego County, and Precious Jackson-Hubbard, EdD, MA, Principal, Bell Middle School, San Diego Unified School District</p> <p>This session is designed to equip attendees with foundational knowledge and create a space for informed discussion and analysis of the preschool to prison pipeline and liberatory power. Through the presentation, examination of a case study, and dialogue, attendees will discover tools for using liberatory power to challenge systemic biases, disrupt the pipeline and foster the holistic development of children, and create equitable early childhood education systems.</p> <p>Attendees will be able to:</p> <ul style="list-style-type: none"> • Define the preschool to prison pipeline, its underlying causes, and its impact on marginalized communities • Explore liberatory thinking and liberatory power as transformative tools to dismantle the preschool to prison pipeline • Brainstorm action steps that can be taken to promote liberating relationships that increase positive childhood experiences and improve student outcomes within institutions of learning

Friday, September 29

<p>Pacific F & G</p> <p>Approved CE</p> <p><i>IF-ECMH Competency Domain 1F</i></p> <hr style="width: 20%; margin: 10px auto;"/> <p>Limited to 25 Participants</p>	<p>C-3: But First, the Art: An Art-Based Directive for Families and Groups Melanie Morones, LMFT, ATR, ECMHS, Clinical Social Service Program Director, YMCA of San Diego County, and Liz Sizemore, AMFT, AT, Family Therapy, San Diego Center for Children</p> <p>This session will provide participants an opportunity to examine the benefits of art-based therapeutic interventions. Attendees will discover practical applications of art directives that they can immediately use in sessions with families. The presentation will help participants to explore process versus product as it relates to the art-making experience and the ways in which providers can use it as a tool to support therapeutic goals.</p> <p>Attendees will be able to:</p> <ul style="list-style-type: none"> • Identify the holistic benefits of art-based interventions • Explore how both process and product relate to the healing aspects of art making • Practice applying two novel and evidence-informed ways of connecting and processing through art in ways that support clinical goals
<p>Pacific Ballroom A</p> <p>Approved CME/CE</p> <p><i>IF-ECMH Competency Domain 1A, 1B, 1C, 1E</i></p>	<p>C-4 (Live + Virtual): Trauma Specific Interventions: What Do We Need to Know? – Part 1 Julie Alley, PsyD, Clinical Improvement Coordinator/Supervisor, Chadwick Center for Children and Families, Rady Children’s Hospital San Diego, Kelly Curtis Hughes, LMFT, RPT, Early Childhood Mental Health Therapist, Ansley Curtis, LMFT, Trauma Therapist, Iliana Giudici, LMFT, Trauma Therapist, Chadwick Center for Children and Families, Rady Children’s Hospital San Diego, and Jeff Rowe, MD, Child Psychiatrist</p> <p>This session will provide clinically relevant information about what Trauma Specific Interventions are as they are practiced by expert clinicians in the field. Many people have learned about Trauma-Informed Care, but do not do the majority of their work assessing and treating families with young children who have experienced complex trauma. Part 1 will present what trauma therapists need to know in order to do their work and will continue in Part 2 (Session D-4) to examine specific methods used by therapists with young children and their families.</p> <p>Attendees will be able to:</p> <ul style="list-style-type: none"> • Identify crucial concepts important to understanding the clinical presentation of complex trauma in a young child and family • Outline the specific knowledge needed by a therapist in order to do this complex work

Friday, September 29

<p>Pacific H & I</p> <p>Approved CE</p> <p><i>IF-ECMH Competency Domain 1A</i></p>	<p>C-5: Asegurando el Bienestar del Educador Responsivo al Trauma ~ <i>En Español</i> <i>(Repeated in D-5 in English)</i></p> <p>Denise Camargo, MS, Early Education Quality Improvement Support Coach, San Diego County Office of Education</p> <p>El propósito de esta sesión es proporcionar un espacio para que los educadores obtengan una visión sobre el autocuidado que no requiere una abundancia de dinero o tiempo, sino que incluye pequeñas acciones cotidianas que contribuyen a su bienestar general. El bienestar de los educadores es imperativo para brindar una relación receptiva con los estudiantes y sus familias, así que es hora de comenzar a responder a nuestras propias necesidades. En esta sesión, los participantes identificarán estrategias de autocuidado individualizadas según sus propias necesidades para impactar su bienestar, así como en el bienestar y el éxito de los niños y las familias a quienes sirven. ¡La creación de futuros resilientes comienza con los educadores!</p> <p>Los participantes:</p> <ul style="list-style-type: none"> • Explorarán los mitos del autocuidado para identificar sus estrategias personales de autocuidado • Examinarán la conexión entre el autocuidado y el bienestar • Revisarán la relación directa entre el bienestar de los educadores y el bienestar y éxito de los estudiantes
<p>Pacific C</p> <p>Approved CME/CE</p> <p><i>IF-ECMH Competency Domain 1F, 1G</i></p>	<p>C-6: SmartCare Consultation: A Resource to Help Pediatricians and Families Get Mental Health Care</p> <p>Mark Chenven, MD, Child Psychiatrist, Executive Medical Director, Alyssa Label, LMFT, Program Director, and Shirley Fett, FNP-BC, RN, MSN, Triage Nurse Practitioner, Vista Hill SmartCare Behavioral Healthcare Consultation Services</p> <p>Attendees will be informed as to the potential of expanding access to behavioral health care for the early childhood preschool population and their parents through telephonic and tele-video consultation services. SmartCare’s program will be described to inform ways in which Child Psychiatrists and Nurse Practitioners provide case-specific tele-consultation to their pediatric colleagues, and Family Support Services staff provide guidance and support for parents to better understand the nature of their children’s problems and access to service and treatment options. The program includes early intervention services for mothers experiencing post-partum depression and families/children who have experienced serious adverse life experiences. The program provides ongoing education on behavioral health care concerns to healthcare providers and the general public. Data regarding the program’s services for children 0-6 years will be reviewed to demonstrate the clinical concerns and treatment recommendations provided to both pediatrician and the family. Attendees will discover SmartCare’s impact as a model for the HRSA Maternal Child Health Bureau Pediatric Mental Health Care Access Programs and will also examine program outcomes and impact for the San Diego County System of Care.</p> <p>Attendees will be able to:</p> <ul style="list-style-type: none"> • Identify access barriers faced by families and the role of active clinically informed care management services in surmounting them • Outline the challenges faced by primary care providers in addressing behavioral health problems emerging in early childhood and beyond • Explore the clinical needs of children who are referred and examine the treatment recommendations provided

Friday, September 29

3:00 – 3:30 PM	Break Visit Exhibits and Bookstore in Pacific Foyer
3:30 – 5:00 PM	Breakout Sessions D 1.5 Contact Hours • Note: All Sessions CME/CE Approved as Noted
Pacific D Approved CE <i>IF-ECMH Competency Domain 1G</i>	D-1: HOPE Framework – Local HOPE Educators Aimee Zeitz , LMFT, Director of Strategic Advancement, YMCA of San Diego County, Lori Clarke , MA, MFT, Co-Director, Social Policy Institute, San Diego State University, Lodia Ruiz , MPA, Integrated Learning Developer, Community Support Services, YMCA of San Diego County, Kimberly Giardina , DSW, MSW, Director, Child and Family Well-Being (CFWB), County of San Diego Health and Human Services Agency, and Brandi Paniagua , MAEd, Coordinator and Trainer, Partners in Prevention, Community Support Services, YMCA of San Diego County This session will review, illustrate and provide updates on current HOPE implementation locally, and discover how this is impacting San Diego. Attendees will be invited to brainstorm ideas for increased utilization of HOPE across sectors and programs. Attendees will be able to: <ul style="list-style-type: none"> • Recognize current HOPE activities and strategies in San Diego • Identify opportunities for HOPE integration in current work • Explore how HOPE may add value to current practices and approaches
Pacific E Approved CME/CE <i>IF-ECMH Competency Domain 1A, 1F</i>	D-2 (Live + Virtual): PCIT with Toddlers (PCIT-T) Emma I. Girard , PsyD, Licensed Clinical Psychologist and Assistant Clinical Professor, UC Riverside School of Medicine Distress and big emotions in toddlerhood is a natural part of development and often creates stress for caregivers. The PCIT-T model aims to increase sensitive and nurturing caretaking practices by enhancing attunement and the reflective capacity of caregivers to respond to their child's distress cues through the process of co-regulation (Girard et al., 2018). This requires developing an attached-based responsive style to a toddlers' emotional dysregulation. Participants will discover ways to meet the needs of the dyad through emotion coaching and the use of the "CARES" techniques. The CARES model for both toddlers and for adults will be explored, and attendees will receive handouts for teaching skills of emotion regulation. Attendees will be able to: <ul style="list-style-type: none"> • Identify the CARES steps for toddlers • List the CARES steps for adults • Practice applying the CARES steps to a video example

Friday, September 29

<p>Pacific C</p> <p>Approved CE</p> <p><i>IF-ECMH Competency Domain 1A, 1F</i></p>	<p>D-3: Hope in Action – Family First Prevention Services Act (FFPSA) Pilot Programs Michelle Favela, BPsy, Program Director, First 5 First Steps, SBCS, Cheryl Rode, PhD, Vice President of Clinical Operations, San Diego Center for Children, Martha Ramirez, LMFT, LPCC, Clinical Program Manager, Lifeline Community Services, and Jennifer Cannell Pyle, MSW, Child Welfare Specialist Supervisor, IFC, Inc.</p> <p>The Family First Prevention Services Act (FFPSA) was signed into law as part of Public Law (P.L.) 115–123 and as provisions to enhance support services for families to help children remain at home, reduce the unnecessary use of congregate care, and build the capacity of communities to support children and families. The law enables states and territories to use funds for prevention services, such as evidence-based mental health programs, substance abuse prevention and treatment, in-home parent skill-based programs, and kinship navigator programs. Presenters will explore how FFPSA services are being implemented in San Diego County across three different organizations: San Diego Center for Children, North County Lifeline, and SBCS (formerly South Bay Community Services).</p> <p>Attendees will be able to:</p> <ul style="list-style-type: none"> • Explore how the FFPSA was designed to provide support services for families to help children remain at home, reduce the unnecessary use of congregate care, and build the capacity of communities to support children and families • Identify the benefits of the FFPSA pilot, with focus on prevention • Examine the impact of evidence-based services being provided through the FFPSA pilot in San Diego County
<p>Pacific Ballroom A</p> <p>Approved CME/CE</p> <p><i>IF-ECMH Competency Domain 1A, 1E, 1F</i></p>	<p>D-4 (Live + Virtual): Trauma Specific Interventions: What Do We Need to Know? – Part 2 Julie Alley, PsyD, Clinical Improvement Coordinator/Supervisor, Chadwick Center for Children and Families, Rady Children’s Hospital San Diego, Kelly Curtis Hughes, LMFT, RPT, Early Childhood Mental Health Therapist, Ansley Curtis, LMFT, Trauma Therapist, Iliana Giudici, LMFT, Trauma Therapist, Chadwick Center for Children and Families, Rady Children’s Hospital San Diego, and Jeff Rowe, MD, Child Psychiatrist</p> <p>This session will build upon what was presented in session C-4 and explore the specific methods used by therapists to engage, attune with, and work in a dyadic manner, in order to support the healing of both the young children and their families. This will be a case-based presentation that will engage the audience in the thinking and decision-making processes of this work.</p> <p>Attendees will be able to:</p> <ul style="list-style-type: none"> • Explore the specific techniques used by trauma therapists to encourage engagement, repair relationships, and improve parent/child attunement • Demonstrate the decision-making processes of trauma therapists and the necessary support required by the therapists to do this complex and emotionally challenging work

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<p>Pacific H & I</p> <p>Approved CE</p> <p><i>IF-ECMH Competency Domain 1A</i></p>	<p>D-5: Caring for the Trauma Responsive Educator ~ <i>In English</i> (Repeated in C-5 in Spanish) Vanessa Arcinas, MA, Early Education Quality Improvement Rater/Trainer, San Diego County Office of Education, and Victorina Napitan, Early Education Quality Improvement Support Coach, San Diego County Office of Education</p> <p>This presentation will provide a space for educators to gain insight into self-care that doesn't require an abundance of money or time but includes small everyday actions that contribute to their overall well-being. Educator well-being is imperative to provide a responsive and attuned relationship to students and their families, starting with educators attuning and responding to their own needs. In this in-person session, attendees will identify personal self-care strategies that are individualized to their needs, ultimately impacting their well-being as well as the well-being and success of the children and families they are serving. Creating resilient futures starts with the educators!</p> <p>Attendees will be able to:</p> <ul style="list-style-type: none"> • Explore the myths of self-care to identify strategies that support personal wellness • Examine the connection between self-care and well-being • Review the direct relationship between educator well-being and student well-being and success
5:00 PM	Friday Sessions End



Conference Schedule: Saturday, September 30

All Times Are PDT

Up to 16.25 Contact Hours CME/CE (Depending Upon Which Sessions You Attend)

7:30 – 8:00 AM	Live Registration Open
8:00 – 8:30 AM	<p>Opening Remarks and Setting the Stage Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH Conference Co-Chair</p> <p>Pacific Ballroom A</p> <p>Approved CME/CE</p> <p><i>IF-ECMH Competency Domain 1G</i></p> <p>This session will explore highlights and summaries from Thursday and Friday and continue the discussion around shifting the focus to positive experiences and well-being. Attendees will consider ways to move from ideas and possibilities to intentional planning for change.</p> <p>Attendees will be able to:</p> <ul style="list-style-type: none"> • Consider new perspectives in prevention, early intervention and services for children and families • Explore new and collaborative ways to implement change
8:30 – 9:45 AM	<p>HOPE in Action – What You Need to Know About Building a Team Approach Robert Sege, MD, PhD, FAAP, Director, Center for Community-Engaged Medicine Co-Director, Stakeholder and Community Engagement for Tufts Clinical and Translational Science Institute, and Professor, Tufts University School of Medicine</p> <p>Pacific Ballroom A</p> <p>Approved CME/CE</p> <p><i>IF-ECMH Competency Domain 1D, 1G</i></p> <p>This keynote address will move from the provider-family interaction to the development of organizational cultures that support HOPE-informed care. Using concepts from implementation science and the experience of the HOPE team, the session will explore ways to create an internal culture of HOPE, including the HOPE-informed supervision approach developed by the San Diego YMCA. Key facilitators to change as well as key challenges will be explored. The presentation will use the RE-AIM model as an example of key parameters of successful systemwide implementation.</p> <p>Attendees will be able to:</p> <ul style="list-style-type: none"> • Outline the RE-AIM approach to assessing implementation • Explore internal factors that support or challenge HOPE implementation • Explore external factors that support or challenge HOPE implementation
9:45 – 10:15 AM	<p>Break Visit Bookstore</p>

Saturday, September 30

<p>10:15 – 11:45 AM</p> <p>Pacific Ballroom A</p> <p>Approved CME/CE</p> <p><i>IF-ECMH Competency Domain 1D, 1F, 1G</i></p>	<p>HOPE in Action – The Team Approach: A Hands-on Experience in Interactive, Multidisciplinary Case Planning</p> <p>Robert Sege, MD, PhD, FAAP, Director, Center for Community-Engaged Medicine <i>Co-Director, Stakeholder and Community Engagement for Tufts Clinical and Translational Science Institute, and Professor, Tufts University School of Medicine</i></p> <p>Attendees will participate in small groups to dialogue about complex case examples and organizational challenges, bring their own experience and expertise, and apply what they have learned in these conference sessions to design specific ways to bring research and insight to action.</p> <p>Attendees will be able to:</p> <ul style="list-style-type: none"> • Discover ways to implement the scientific evidence supporting the importance of positive childhood experiences on child and adult health • Collaborate with a multidisciplinary team on a real case, in-the-moment, to design positive experiences that will impact outcomes for the child and the family • Create a detailed case or organizational plan that can be immediately implemented
<p>11:45 AM – 12:15 PM</p> <p>Pacific Ballroom A</p> <p>Approved CME/CE</p> <p><i>IF-ECMH Competency Domain 1G</i></p>	<p>Putting It All Together and Moving Ahead</p> <p>Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH Conference Co-Chair, and Robert Sege, MD, PhD, FAAP, Director, Center for Community-Engaged Medicine, Co-Director, Stakeholder and Community Engagement for Tufts Clinical and Translational Science Institute, and Professor, Tufts University School of Medicine</p> <p>This session will highlight and summarize the key concepts, insights and takeaways gathered over the past two-and-a-half days of information, discussion, and discovery around advances in early childhood mental health. Attendees will leave with new perspectives around prevention and early intervention, with specific innovative ideas for parents, caregivers, educators, and health care providers to utilize that will increase protective factors, promote resilience, and create thriving communities of HOPE.</p> <p>Attendees will be able to</p> <ul style="list-style-type: none"> • Identify best practices and strategies for cultivating positive experiences that extend to the home, schools, and community • Create partnerships among healthcare, education, behavioral health, and child welfare professionals to create communities of hope for infants, children, and families • Implement pathways to build workforce capacity and community involvement and expand diversity-informed strategies to support infants, children, and families
<p>12:15 PM</p>	<p>Conference Closes</p>

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Platinum Level



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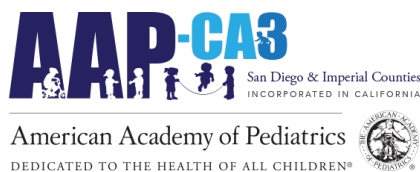
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Chris Muecke ECMH Conference Scholarship Recipients San Diego State University Child and Family Development (CFD) Studies

Nikki Lane has been a committed student in CFD and a delight to work with. She seeks ways to use her leadership skills in service to others. She is continually taking on roles of responsibility and is very much appreciated by those with whom she interacts.

Zynthia Manalansan has been continually overcoming difficulties and inspires us with her capacity to do hard things. She shows determination, humility, and grace amidst pressure. We are grateful to have her in our program!

Special Thanks for Performing at the Networking Reception

The Resonators — Featuring John January and Bruce Wexler



Planning Committee

*The Planning Committee wishes to honor the life and legacy of **Deb Stolz**,
Foster Parent, Parent Trainer, and Advocate for Children and Families
ECMH Planning Committee Member 2010–2020*

*The Planning Committee wishes to honor the life and legacy of **Chris Muecke, MEd**
ECMH Planning Committee Member 2010–2023*

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Conference Planning Committee

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IF-ECMH Competencies



CALIFORNIA CENTER
for Infant-Family and Early Childhood Mental Health
at WestEd Center for Prevention and Early Intervention

The 14th Annual Early Childhood Mental Health Conference sessions are approved for IF-ECMH certificates.

If you are interested in obtaining certificates for these sessions, please access the IF-ECMH Certificate Request Form: [Click Here](#).

Email your completed forms to Renee Sievert at ECMHcoordinator@gmail.com at the end of the conference.

Certificates will be emailed to you after the conference.

The California Center for Infant-Family and Early Childhood Mental Health website, endorsement criteria, and training documents have been updated.

The following updated documents are available online at the California Center website:
<http://cacenter-ecmh.org>

California Compendium of Training Guidelines, Personnel Competencies, and Professional Endorsement Criteria for Infant-Family and Early Childhood Mental Health provides an introduction to IF-ECMH, training and endorsement specifics and matrices for the endorsement categories. For more information, [Click Here](#).

Professional Endorsement: Defining a Standard of Excellence – outlines the California Center for Infant-Family Early Childhood Mental Health endorsement categories.

Endorsement Application – to request endorsement in any of the endorsement categories.

If you would like to receive the California Center newsletter and be notified when the new versions are available, please email your request to: cacenter-ecmh@wested.org.

Funding and Planning Partners

Conference Funding



Planning Partners



Save the Date! • 15th Annual Early Childhood Mental Health Conference • September 19-21, 2024

TOWN AND COUNTRY MEETING & EVENT SPACE

