



15th Annual Early Childhood Mental Health Conference: We Can't Wait

We Don't Wait – Nurturing and Healing in Action

Conference Schedule: Thursday, September 26, 2024

All Times are PST

07/19/2024
SUBJECT TO CHANGE

Application submitted for accreditation: Up to 16 Contact Hours CME/CE (depending upon which sessions you attend)

7:00 – 8:00 AM	Live Registration Open Zoom Help Desk Open – Sign in early if you have questions or need assistance!
8:00 – 8:30 AM	{Live + Virtual} Opening Remarks and Memorial Address Honoring Deb Stolz <i>Pradeep Gidwani, MD, MPH, FAAP</i>
8:30 – 8:45 AM	Break
8:45 – 10:15 AM	{Live + Virtual} (CME) Bridging the Gap Between Families and Systems Designed to Serve Them <i>Rahil Briggs, PsyD, National Director of Zero to Three's HealthySteps Pediatric Primary Care Program, and Clinical Professor of Pediatrics, Psychiatry, and Behavioral Sciences at Albert Einstein College of Medicine</i>
10:15 – 10:45 AM	Break and Visit Exhibits and Bookstore
10:45 – 12:15 PM	{Live + Virtual} (CME) 15-Year Perspective: Where We Were and Where We Are Now <i>Pradeep Gidwani, MD, MPH, FAAP, Medical Director, Healthy Development Services (HDS) and First Steps, American Academy of Pediatrics, California Chapter 3, and Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH Conference Co-Chair</i>
12:15 – 1:30 PM	Lunch – Visit Exhibits and Bookstore
12:30 PM	Lunch and Learn: Continuing the Conversation about Bridging the Gap <i>Rahil Briggs, PsyD, National Director of Zero to Three's HealthySteps Pediatric Primary Care Program, and Clinical Professor of Pediatrics, Psychiatry, and Behavioral Sciences at Albert Einstein College of Medicine</i>
1:30 – 3:00 PM	Breakout Session A
A-1	{Live + Virtual} (CME) HOPE Informed Care Supporting Complex Pediatric Patients (Cultural Lens) <i>Natalie Elms, MA, Manager, KidSTART, Rady Children's Hospital San Diego, and Co-Presenter from KidSTART Mental Health Team</i>
A-2	{Live + Virtual} (CME) Complex Cases <i>Charmi Patel Rao, MD, Director of Psychiatric Services, Positive Development, and Kelly Curtis-Hughes, LMFT, RPT, Early Childhood Mental Therapist, Rady Children's Hospital San Diego</i>
A-3	Reflective Practice Supervision <i>Kim Flowers, LCSW, IF-ECMH RPF-II, Senior Director, Family Support Services, Neighborhood House Association, Rady Children's Hospital-San Diego, and Marilee Burgeson, MA, CCC-SLP, Senior Clinical Advisor, Positive Development</i>
A-4	Engagement Through Family Voices <i>Brandi Paniagua, MAEd, Coordinator and Trainer, Partners in Prevention, Community Support Services, YMCA of San Diego County</i>
A-5	TBD
3:00 – 3:30 PM	Break and Visit Exhibits and Bookstore
3:30 – 5:00 PM	Breakout Session B
B-1	{Live + Virtual} (CME) Amplifying All Voices: Augmentative and Alternative Communication (AAC) <i>Appel, MA, CCC-SLP, Bilingual Mandarin-English Speech-Language Pathologist, Rady Children's Hospital San Diego</i>
B-2	{Live + Virtual} (CME) Integration Matters: Interdisciplinary Clinical Care is Making a Difference <i>Lauren Gist, MD and Co-Presenter(s)</i>
B-3	Indigenous Parenting Practices: Nurturing Across Cultures <i>Aisha Pope, LCSW, Director of Foster Care Services, San Diego Center for Children=FFAST</i>
B-4	(CME) Climate Change and the Impact on Our Children <i>Vi Thuy Nguyen, MD, Fellow of Environmental Health, American Academy of Pediatrics, California Chapter 3, and Aneesah Grayson, MPA, Program Coordinator/Lead Facilitator, Tarzana Treatment Centers and Co-Chair, Public Health Advisory Council (OC/LA)</i>
B-5	Reflective Somatic Practice <i>Ariane Porras, Program Director of Partner and Community Engagement, Child Resource Center, YMCA of San Diego County</i>
5:00 – 7:00 PM	Networking Reception. Appetizers, No Host Bar Entertainment by The Resonators: Acoustic Classic Rock and Blues





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7:00 – 8:00 AM	Live Registration Open Zoom Help Desk Open – Sign in early if you have questions or need assistance!
8:00 – 8:30 AM	{Live + Virtual} Opening Remarks and Memorial Address Honoring Chris Muecke <i>Ali Freedman, PsyD, MBA, ECMH Conference Co-Chair</i>
8:30 – 8:45 AM	Break
8:45 – 10:15 AM	{Live + Virtual} (CME) Wholeness, Oneness, and Early Childhood Well-Being <i>Richard Knecht, MS, Managing Partner, Integrated Human Services Group, Inc. and Integrated Services Advisor, State of California</i>
10:15 – 10:45 AM	Break and Visit Exhibits and Bookstore
10:45 – 12:15 PM	{Live + Virtual} (CME) Building Relationships Within and Between Systems in Support of ECMH Services <i>Lily Valmidiano, MPH, CHES, Senior Project Specialist, American Academy of Pediatrics, California Chapter 3, Aimee Zeitz, LMFT, Director of Strategic Advancement, YMCA of San Diego County, Miriah de Matos, MPH, MA, Senior Project Specialist, American Academy of Pediatrics, California Chapter 3, and Ariane Porras, Program Director of Partner and Community Engagement, Child Resource Center, YMCA of San Diego County</i>
12:15 – 1:30 PM	Lunch and Visit Exhibits and Bookstore
1:30 – 3:00 PM	Breakout Session C
C-1	{Live + Virtual} (CME) The Neurobiology of the Developing Child <i>Pradeep Gidwani, MD, MPH, FAAP, Medical Director, Healthy Development Services (HDS) and First Steps, American Academy of Pediatrics, California Chapter 3</i>
C-2	{Live + Virtual} (CME) Perinatal Mental Health - It Starts with You: Reproductive psychiatrists' perspective on empowering providers to help birthing parents and families to health and wellness <i>Simi Brar, MD, and Sree Reddy, DO, Child and Adolescent Psychiatrists</i>
C-3	TBD
C-4	Synergy Unleashed: Mastering Whole System Alignment and Integration <i>Lori Clarke, MA, MFT, Co-Director, Social Policy Institute, San Diego State University, Clorinda Merino, MEd, Implementation Specialist, Social Policy Institute, San Diego State University, and Richard Knecht, MS, Managing Partner, Integrated Human Services Group, Inc. and Integrated Services Advisor, State of California</i>
C-5	Play Therapy with Small Children TBD
3:00 – 3:30 PM	Break and Visit Exhibits and Bookstore
3:30 – 5:00 PM	Breakout Session D
D-1	{Live + Virtual} (CME) Reimagining a Child and Family Well-Being System of Care <i>Alfredo Guardado, Assistant Director, and Sarah Glass, MSW, Deputy Director, County of San Diego Child and Family Well-Being Department, Office of Child and Family Strengthening</i>
D-2	{Live + Virtual} (CME) TBD
D-3	CAAVE – Compassion, Acceptance, Awareness, Validation, and Empowerment: An Embodied Approach <i>Krysta Esquivel and Kristina Halmal, Youth and Family Services, YMCA of San Diego County</i>
D-4	The Spirit of Motivational Interviewing and The Path to MI Proficiency <i>Renee Sievert, RN, LMFT, Sievert Services, LLC and Member of the Motivational Interviewing Network of Trainers (MINT)</i>
D-5	Art Therapy *Limited to 25 participants <i>Melanie Morones, LMFT, ATR, ECMHS, Clinical Social Service Program Director, YMCA of San Diego County</i>