



# **Reconnecting Services to Our Humanity: An Approach to Nurturing Staff & Increasing Service Quality**

American Academy of Pediatrics, CA Chapter 3  
YMCA of San Diego County

# Objectives



**Identify the steps taken to responsibly equip staff with frameworks that will foster genuine connection with the families they serve.**



**Explore ways to implement relational strategies in their organizations that nurture better community engagement.**



**Examine the strengths their agencies have to build on and implement relational approaches to strengthen service delivery.**

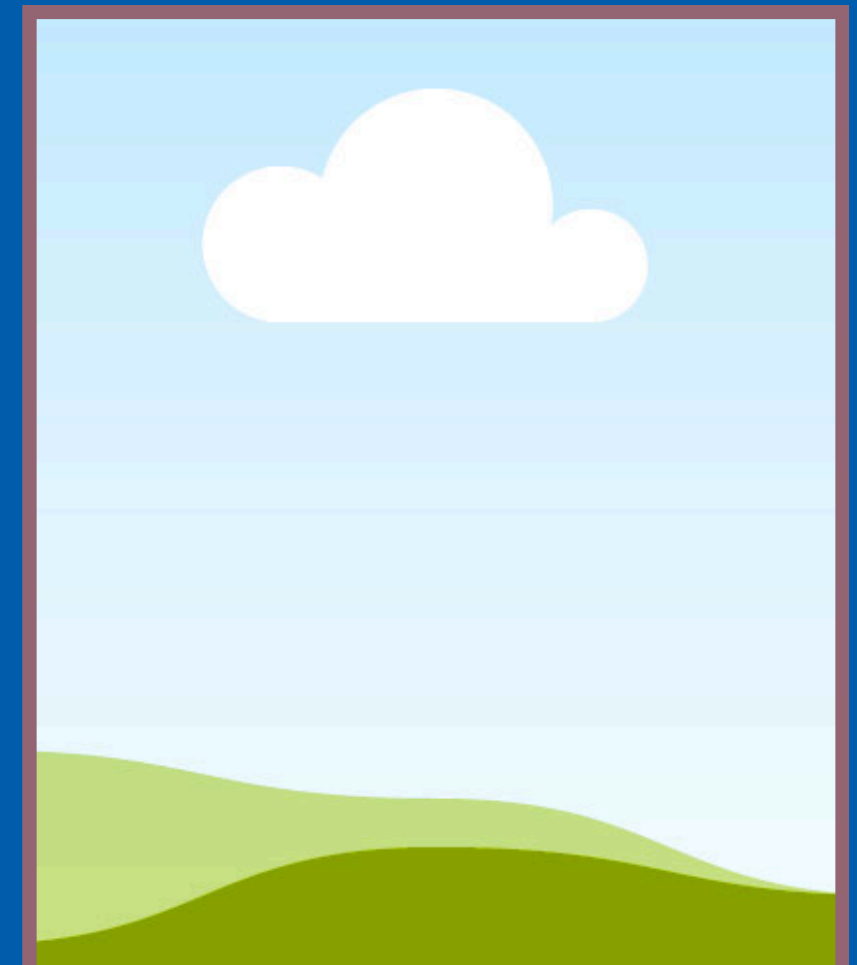
# Where It All Begins



**Miriah de Matos**



**Ariane Porras**



**Aimee Zeitz**

# Organizations



YMCA OF SAN DIEGO COUNTY  
**COMMUNITY  
WELL-BEING  
& BELONGING**

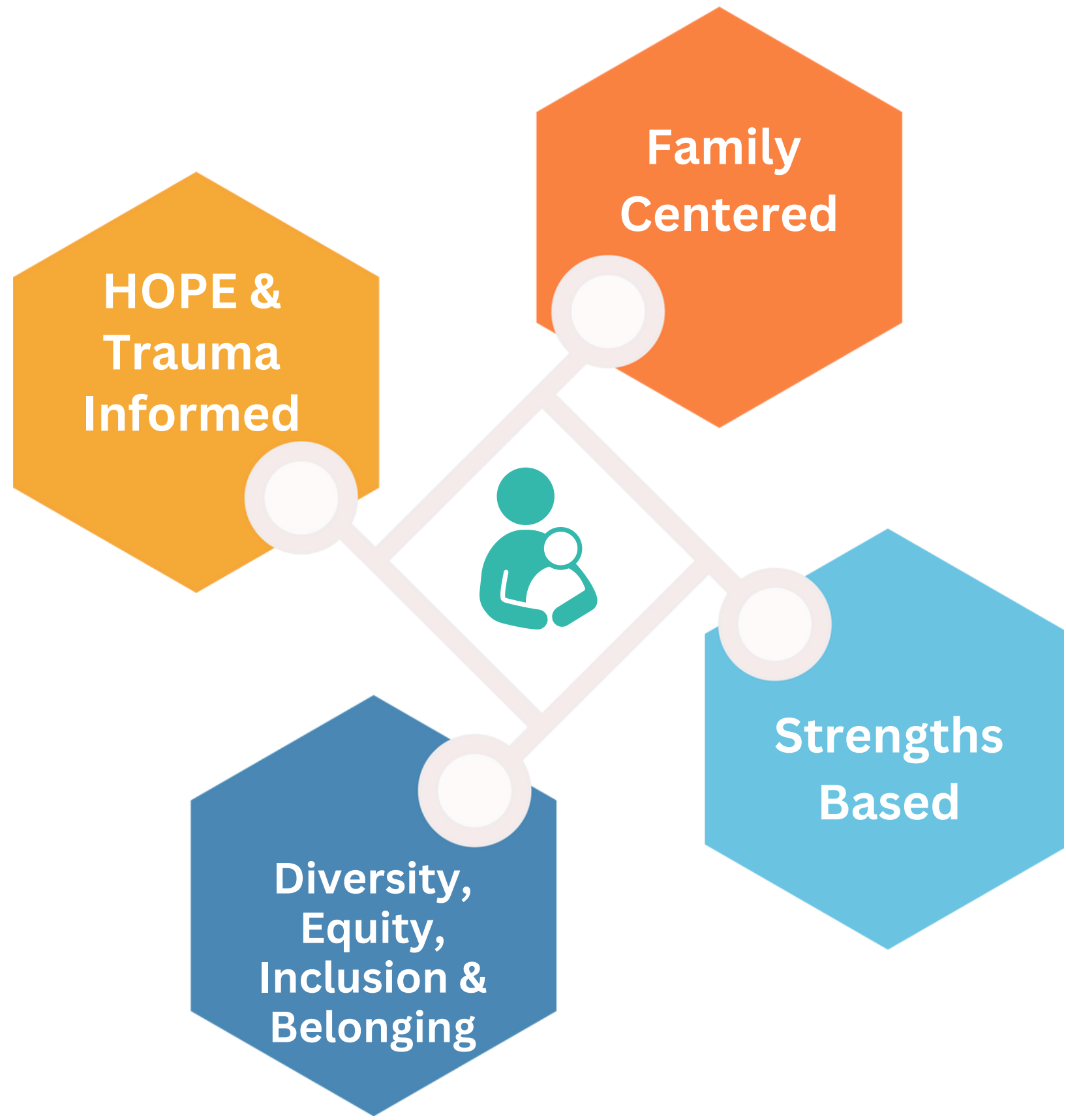
# San Diego Early Childhood Systems of Care

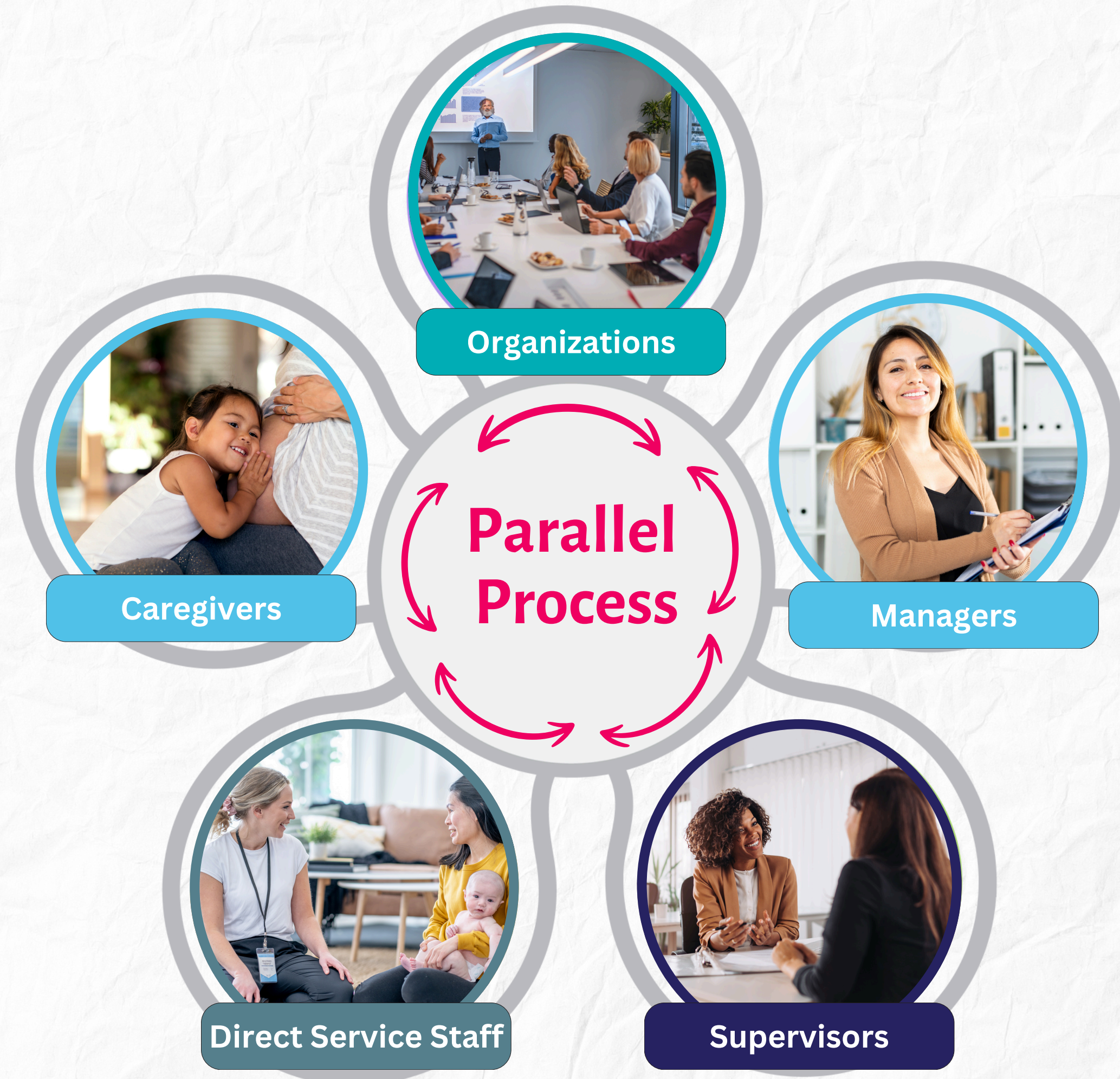


# Evidenced Based Programming & Frameworks



# Shared Goals









# Monica & Ryan: The Expectant Family

**20 somethings newlyweds**

**Military relocation to San Diego in the last three months**

**Mom is 30 weeks pregnant & dad will be deployed after birth**

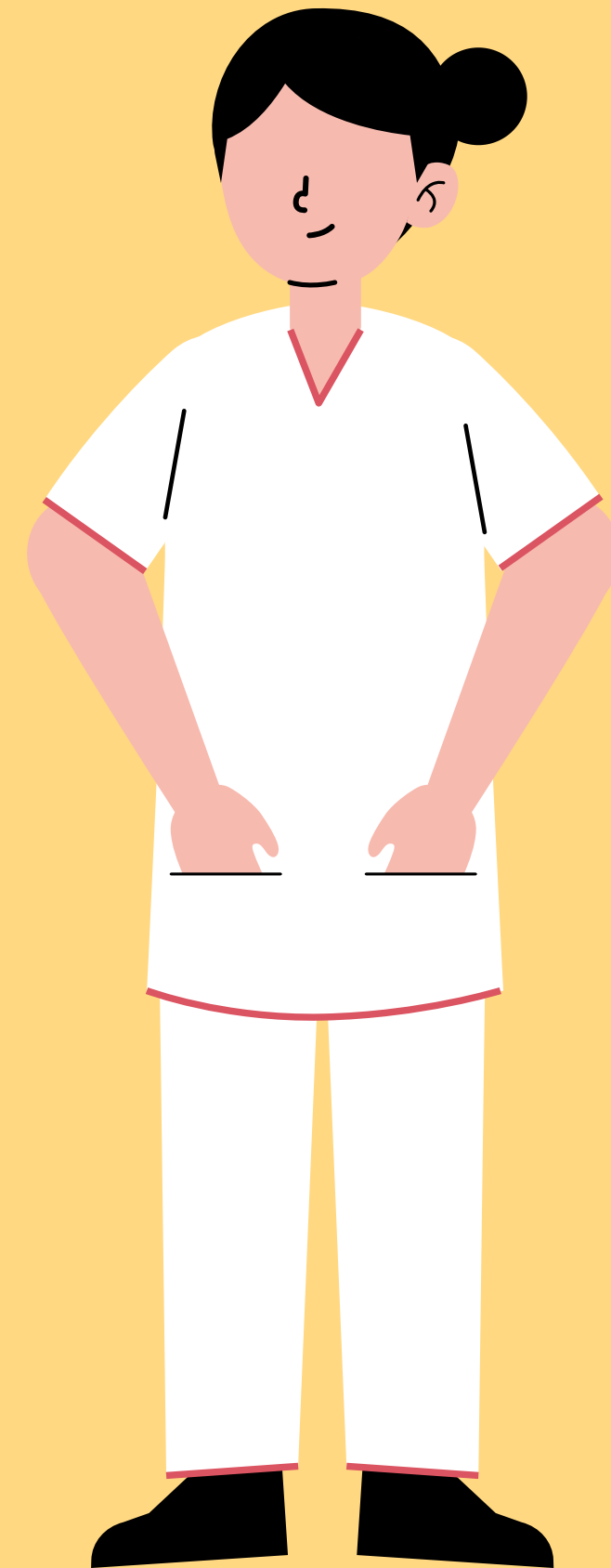
**Uncomfortable accessing military services**

# Rosie: The Staff

**Initial training complete & in program 6 months**

**Former preschool teacher & parent of three older children**

**First time serving a family in the military**



# Inviting Staff In



**Rosie may be making assumptions to connect with family**

**Risks in social-emotional competence: deployment**

**Risks in parental resilience: sleep & worry**

**Risks in social connections: isolated from family in mid-west**

# The Staff Has a Plan

**Rosie is eager to make this a successful visit**

**Rosie minimizes mom's experience**

**Rosie does not explore strengths or priorities**

**Rosie does not seek permission to offer advice or supports**



***What are the  
unintended  
consequences of  
these interactions?***





# Foundational Approach



**Relational Partnership**



**Knowledge Base**



**Self & Co-Regulation**



**Practical Application**

**How does your  
staff development  
process prioritize  
relationships and  
high quality  
service delivery?**



**Group  
Reflection**

# Supervision: Coaching & Reflection



***A Relationship for Learning***





# Group Reflection:

How does your organization support staff to reflect and grow professionally?

# Communities of Practice

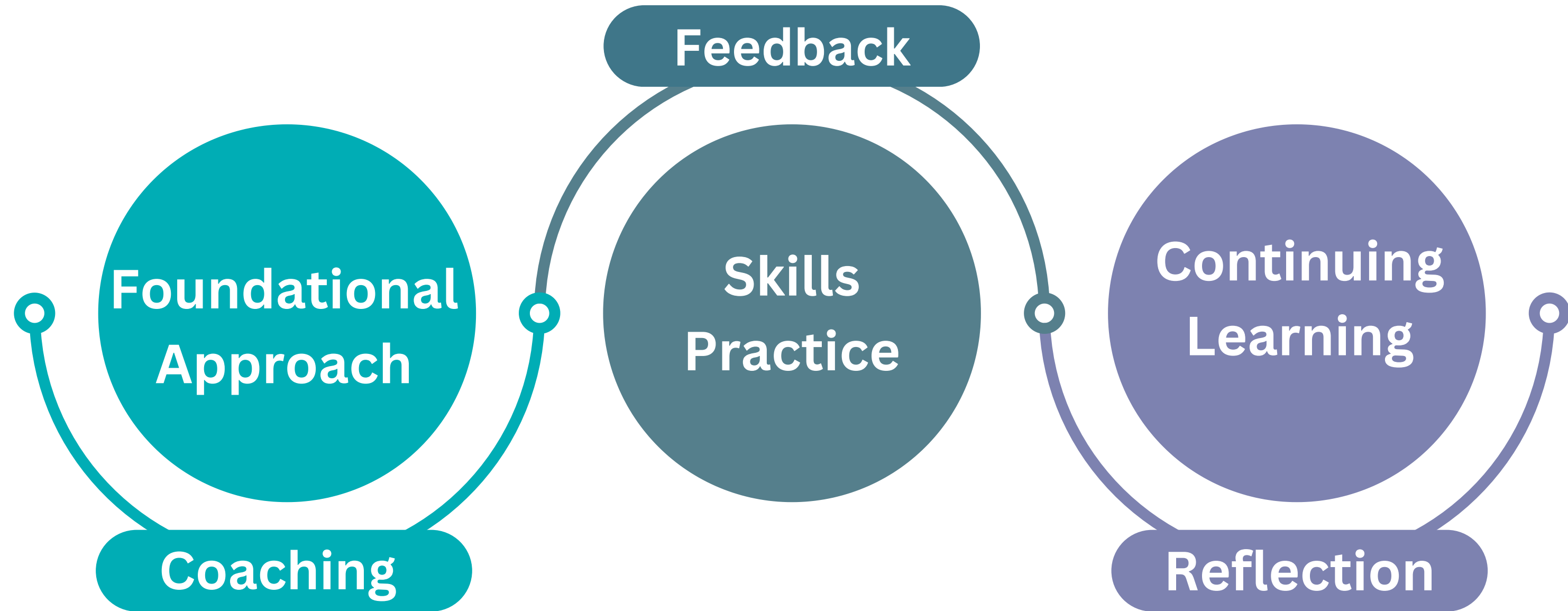


# Group Reflection

What do you see  
as potential  
strengths and  
barriers to  
communities of  
practice?



# An Integrated & Transformational Approach



# Where Do We Go From Here?

**Partners in Equity/ILAB**

**Reflective Practice**

**Cross Model Training**

**Integrated Service Delivery**



# Questions?



**Miriah de Matos**  
mdematos@aapca3.org



**Ariane Porras**  
aporras@ymcasd.org



**Aimee Zeitz**  
azeitz@ymcasd.org