

INTEGRATION MATTERS!

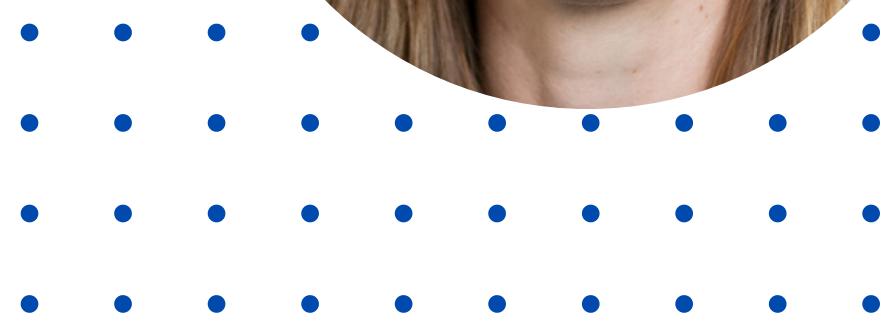
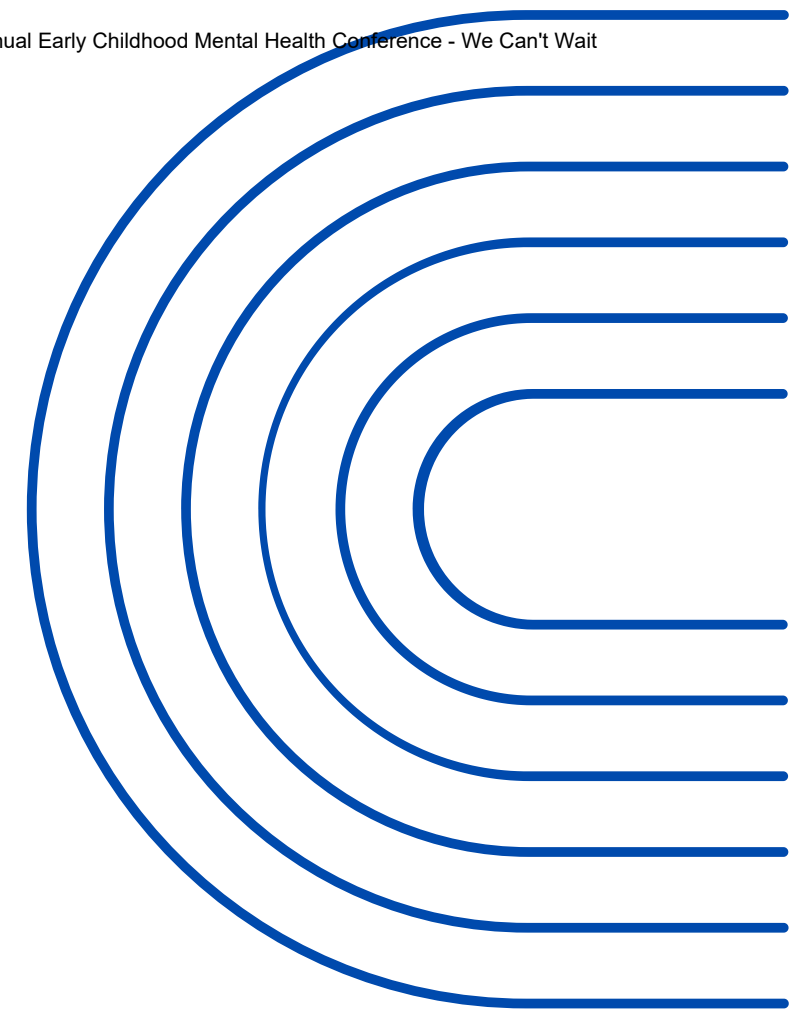
COMING TOGETHER,
KEEPING TOGETHER,
THRIVING TOGETHER:

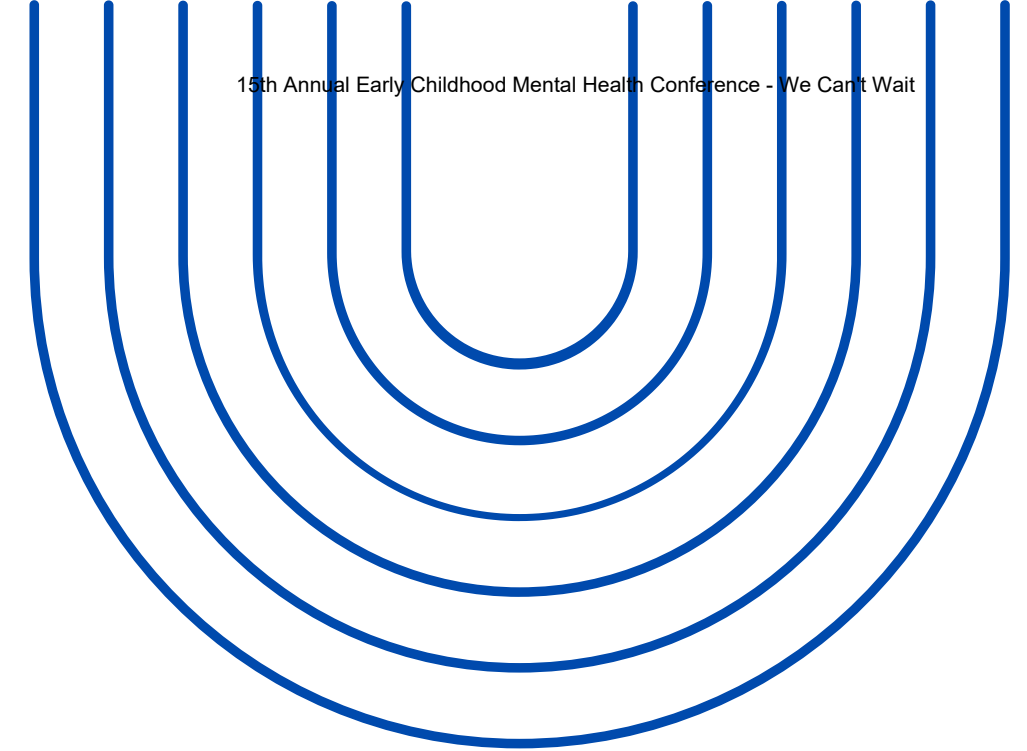
TRANSDISCIPLINARY CLINICAL CARE MAKES A DIFFERENCE



MEET OUR TEAM

Dr. Lauren Gist, Developmental Behavioral Pediatrician
Joy Brewster, Speech Language Pathologist
Cinnamon Harper, Mental Health Therapist
Hannah Kenny, Social Worker





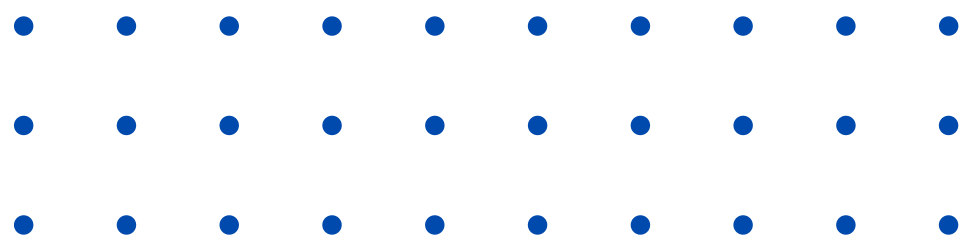
01. DEFINE TRANSDISCIPLINARY CARE

02. IDENTIFY BENEFITS AND CHALLENGES OF A TRANSDISCIPLINARY APPROACH

03. DESCRIBE EXAMPLES OF ROLES WITHIN A TRANSDISCIPLINARY TEAM

04. APPLY A TRANSDISCIPLINARY LENS TO YOUR WORK

LEARNING OBJECTIVES



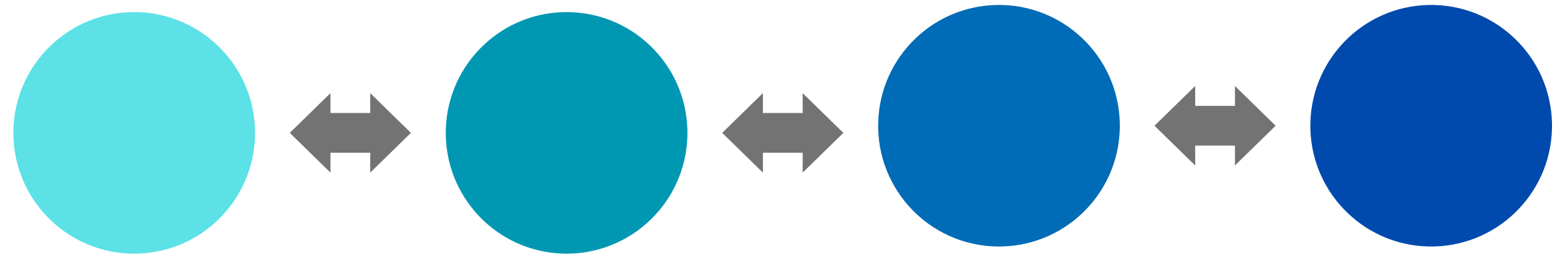
TRANSDISCIPLINARY

- Higher level synthesis



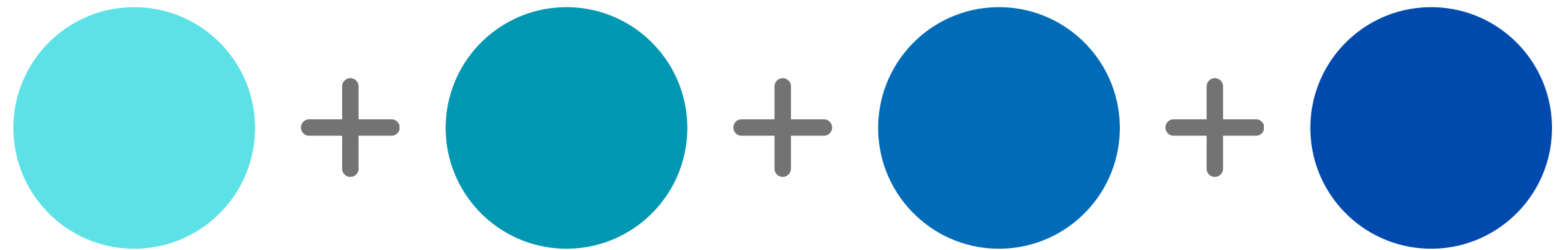
INTERDISCIPLINARY

- Interactive



MULTIDISCIPLINARY

- Additive

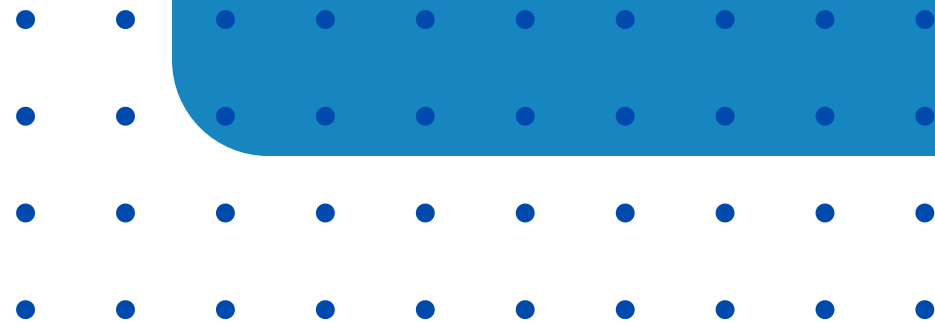


DISCIPLINARY

- Silos



EXPLORE TYPES OF INTEGRATED CARE



INTEGRATED CARE

- An approach characterized by a high degree of collaboration and communication among professionals from various disciplines
- Integrated care is best practice for many patients across the lifespan:
 - Autism
 - Dementia
 - Prematurity
 - Type 1 Diabetes



CHALLENGES WITH MULTIDISCIPLINARY AND INTERDISCIPLINARY CARE

- Families may:
 - Wait a long time to see each specialist individually
 - Repeat the same information to different providers
 - Receive inconsistent advice from providers

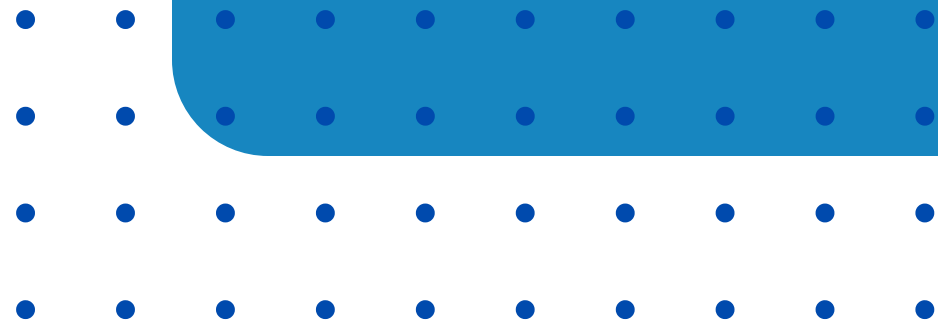


TEAMWORK



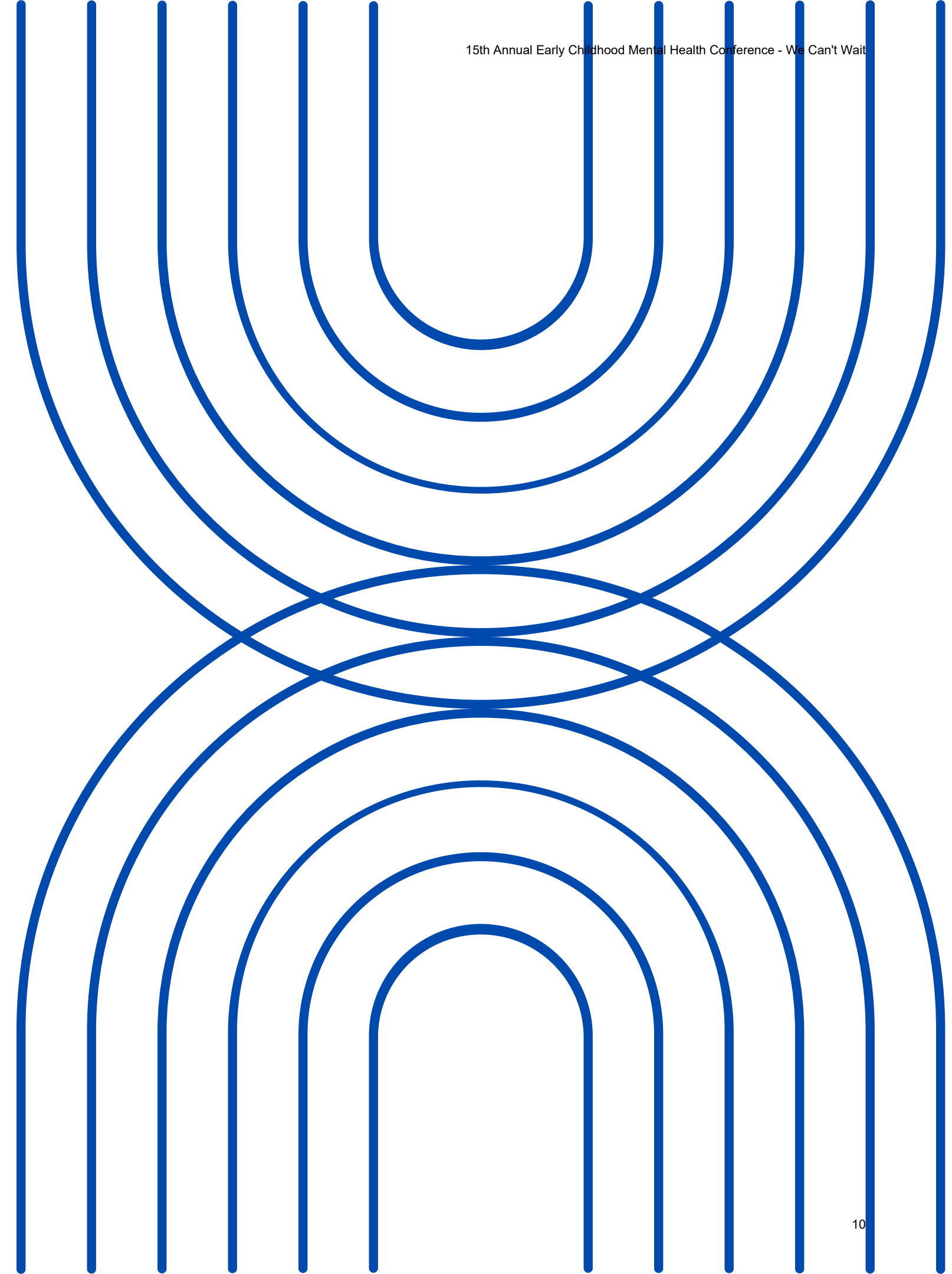
01.

DEFINE TRANSDISCIPLINARY CARE



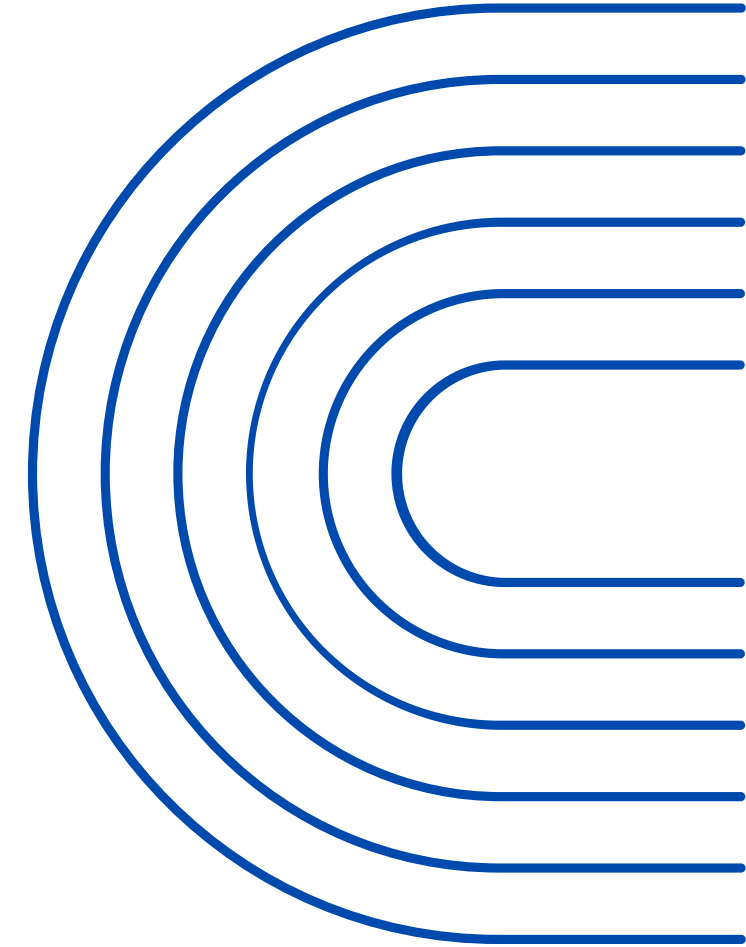
TRANS·DIS·CI·PLI·NAR·Y

Integrates multiple disciplines in a collaborative, holistic approach, forming a fully integrated team with extended professional boundaries





- Consistent team, family, and patient communication
- Integrated goal-setting
- Simultaneous assessments
- Co-treatment with flexible exchange of interventions



UNIQUE FEATURES OF A TRANSDISCIPLINARY TEAM

ASSESSMENT

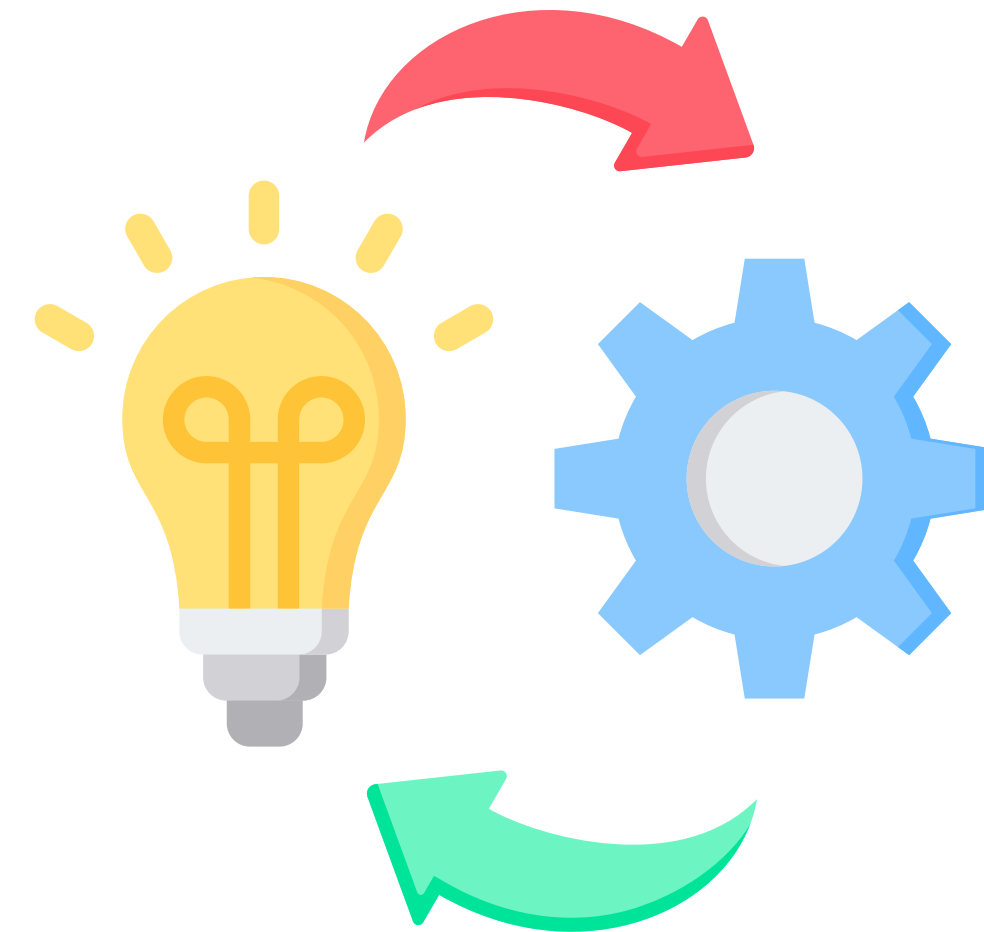
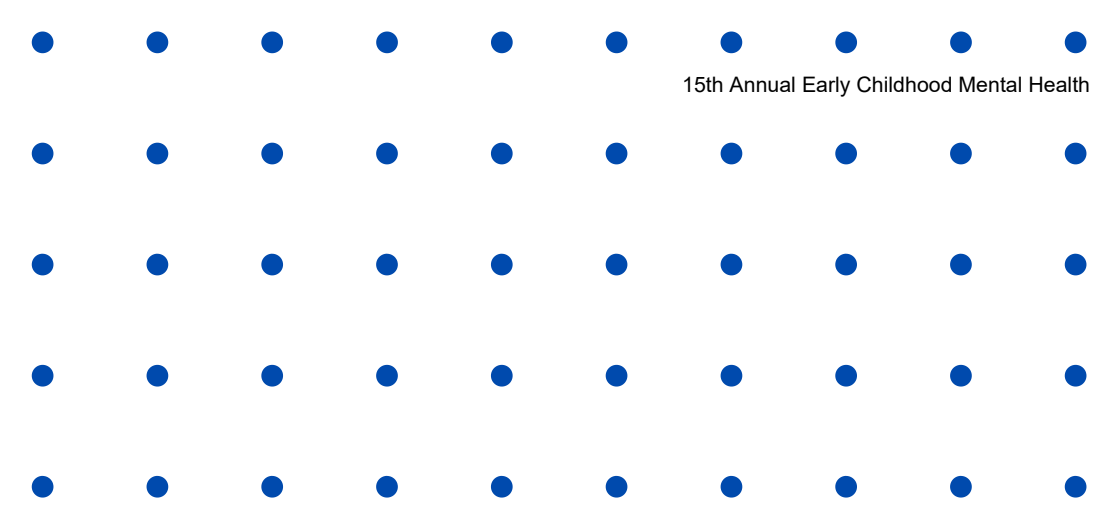
- Multiple disciplines simultaneously
- Standardized and informal measures

COLLABORATION

- Ongoing exchange of information, knowledge, and skills

ROLE RELEASE

- Providers “release” discipline specific intervention strategies with support of team members



TRANSDISCIPLINARY TEAM IN ACTION

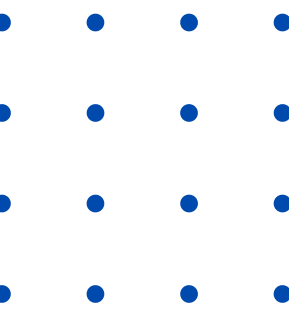
STOP & JOT

Four things that are sticking with you so far



KIDSTART: OUR TRANSDISCIPLINARY TEAM

- Social Worker
- Psychologist
- Developmental Behavioral Pediatrician
- Early Childhood Mental Health Therapist
- Psychiatrist
- Parent Care Coordinator
- Behavior Specialist
- Occupational Therapist
- Speech Language Pathologist



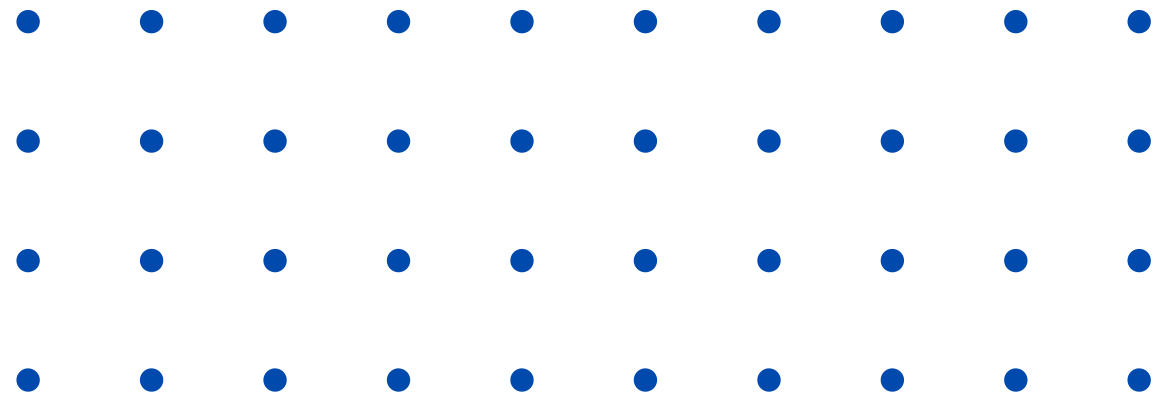
INTEGRATION MATTERS!



Some children have not made gains in traditional therapy models. At KidSTART, our **transdisciplinary approach** equips us to meet their unique and complex needs.

MEET CHASE





KID"START"



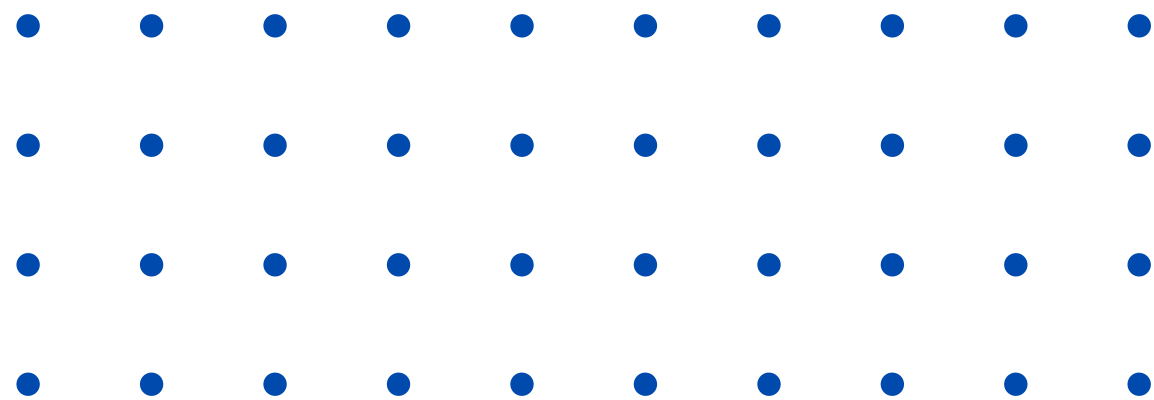
S = Screening

T = Triage

A = Assessment

R = Referral

T = Treatment



CHASE AT KIDSTART

S

- Complexity eligibility
- Identifying family system needs

T

- Assigned to Social Worker
- Home-Based Assessment

A

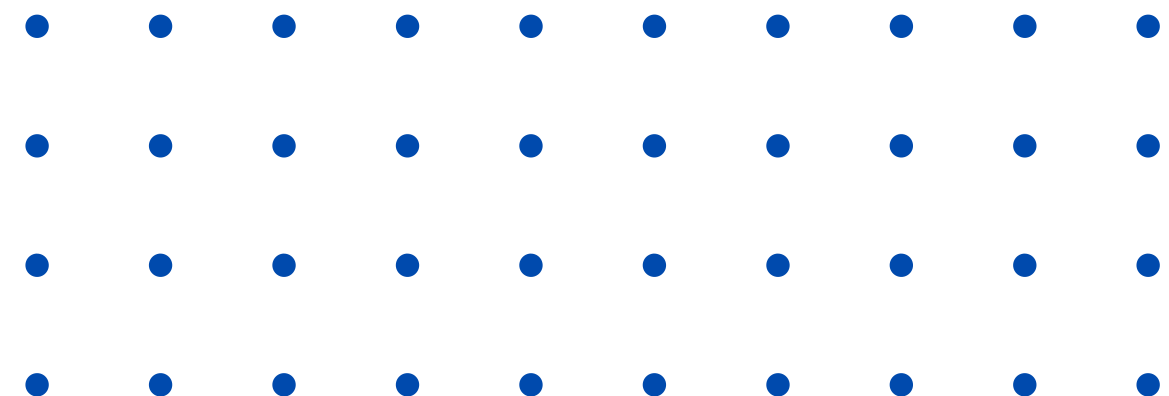
- Comprehensive transdisciplinary evaluations and assessments

R

- Recommendations for services at KidSTART and in community

T

- Intervention, treatment services, and connection to resources



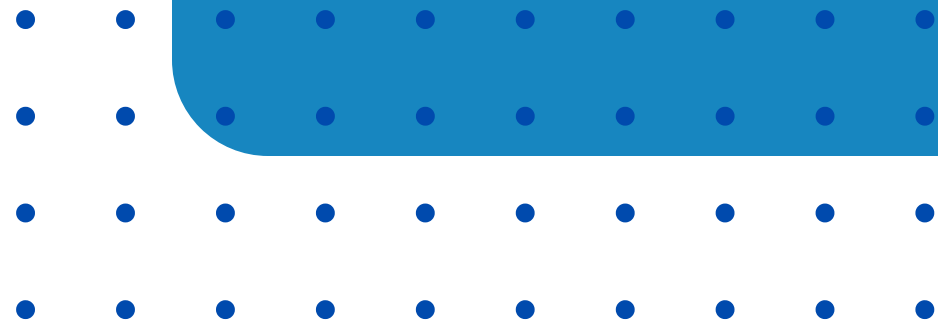
LET'S RECAP TRANSDISCIPLINARY CARE FOR CHASE

- ✓ Cross-disciplinary role sharing maximizes communication, interaction, and cooperation among team members.
- ✓ Commitment to members to teach, learn, and work together to implement coordinated service.
- ✓ Establishing shared meaning within the team, where the family is seen as a crucial member.



02.

IDENTIFY THE BENEFITS AND CHALLENGES OF A TRANSDISCIPLINARY APPROACH



A TRANSDISCIPLINARY APPROACH BENEFITS FAMILIES

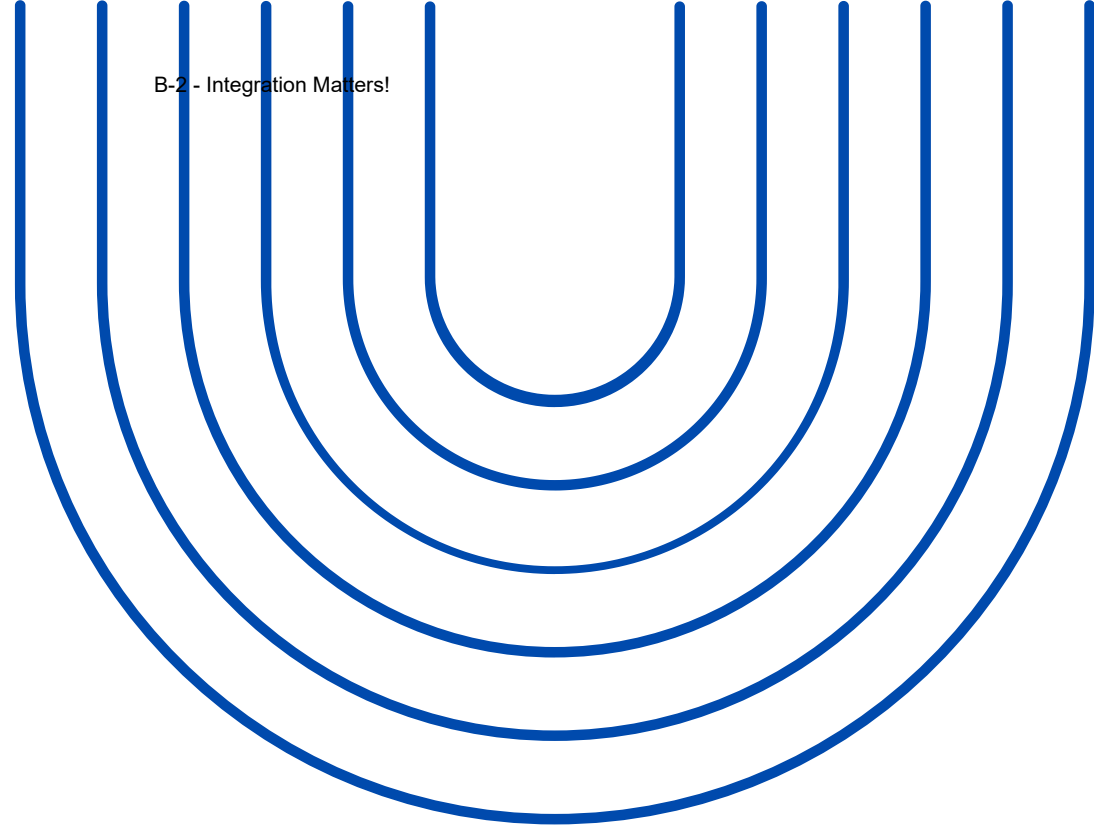
MORE

- Efficiency
- Holistic service delivery
- Coherence of intervention plans
- Patient satisfaction with care, quality of life, and psychosocial functioning

LESS

- Intrusion
- Confusion
- Duplication of services

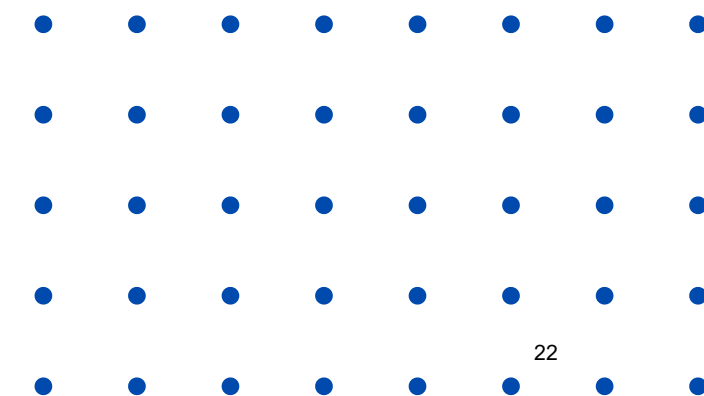




A TRANSDISCIPLINARY APPROACH BENEFITS PROVIDERS AND ORGANIZATIONS

MORE

- Opportunities for professional development and proficiency
- Shared responsibility, accountability, and decision-making
- Perspective sharing for diagnostic clarity
- Pooling of resources and expertise
- Cost-effective service delivery
- Permission for uncertainty
- Provider satisfaction



CHALLENGES OF A TRANSDISCIPLINARY APPROACH



- Time intensive
- Staffing and funding
- Team coherence and trust
- Families may feel overwhelmed seeing multiple providers at once

CAREGIVER TESTIMONY 1

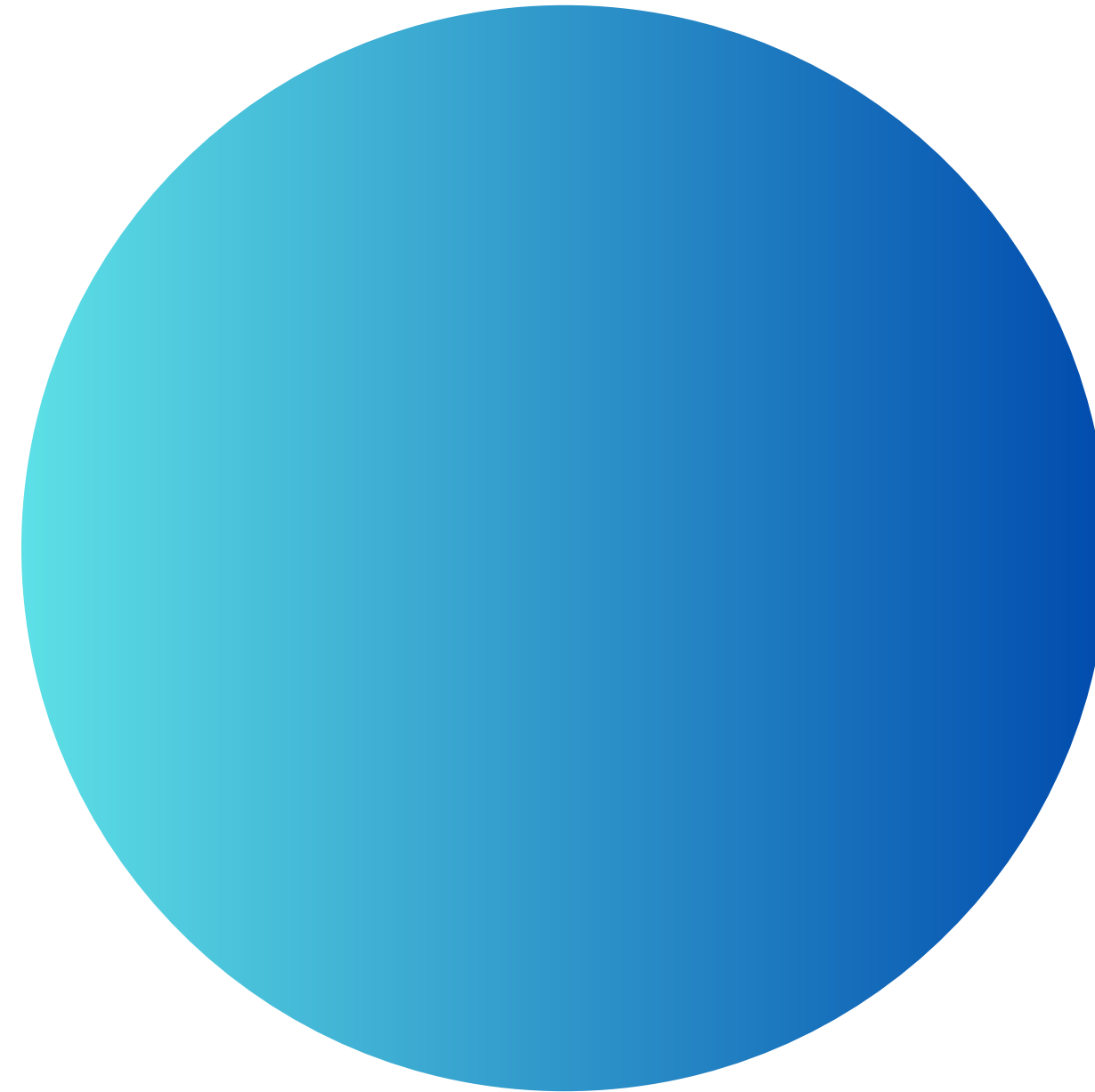


CAREGIVER TESTIMONY 2



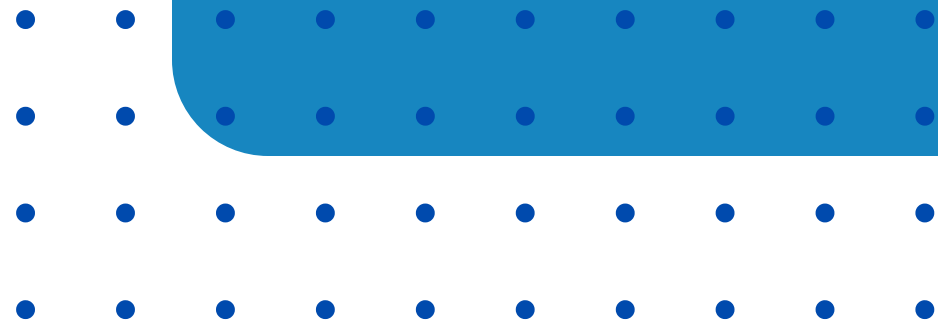
TURN & TALK

Chat with your neighbor about questions that are still circling in your mind



03.

DESCRIBE EXAMPLES OF ROLES WITHIN A TRANSDISCIPLINARY TEAM



**COMING
TOGETHER,
KEEPING
TOGETHER.**



SPEECH AND MOTION GROUP

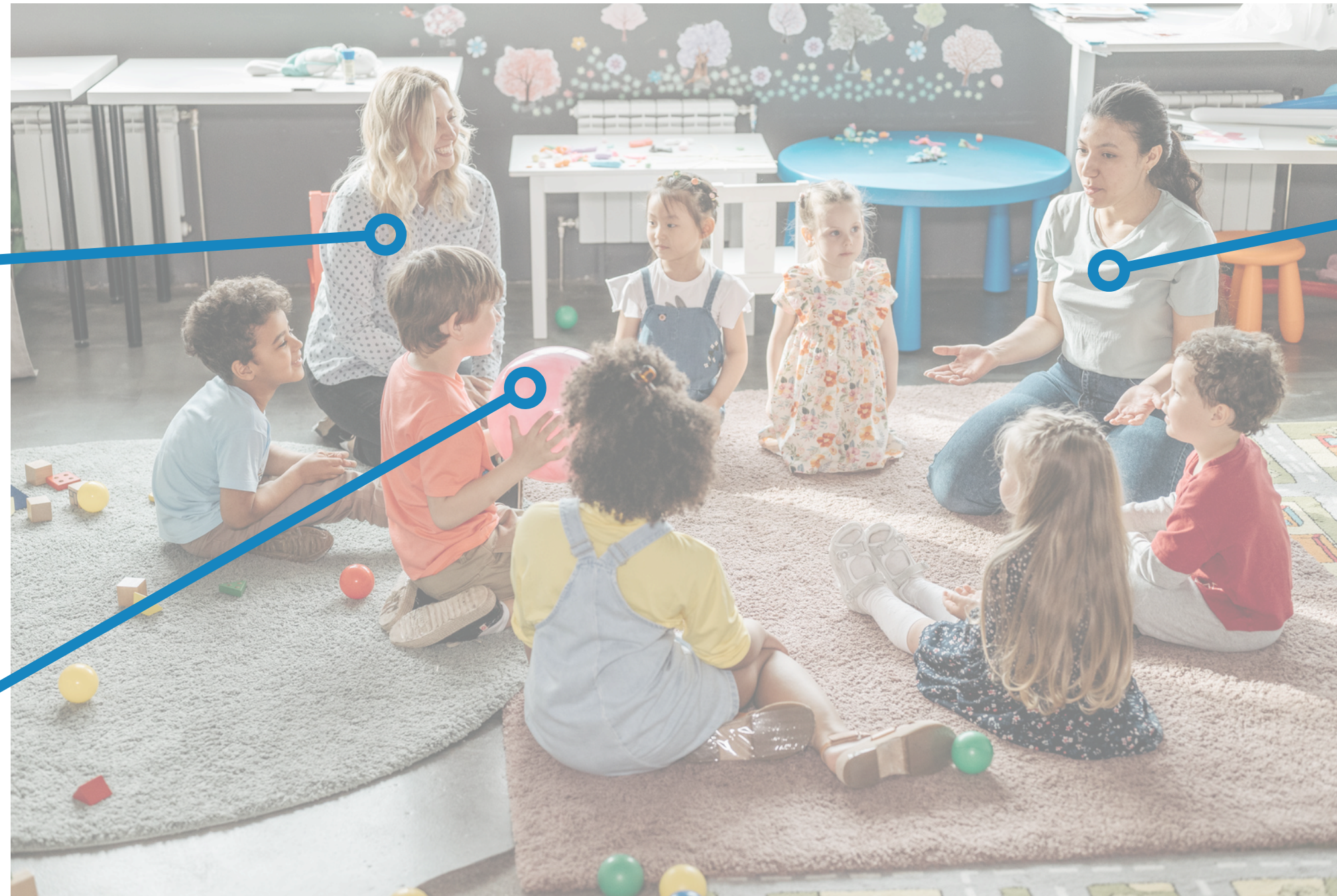


THRIVING TOGETHER



**BEHAVIOR
SPECIALIST**

**OCCUPATIONAL
THERAPIST**

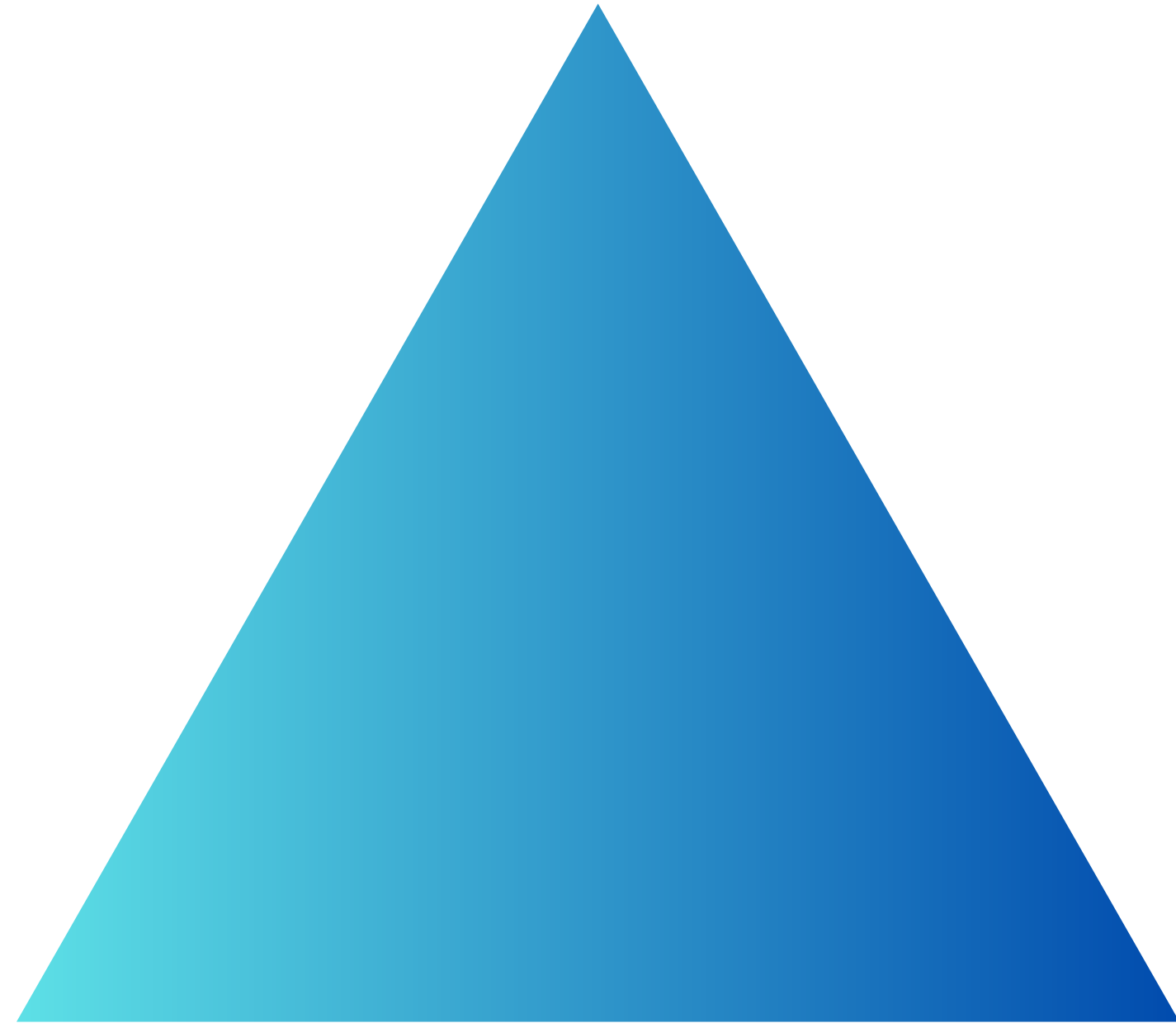


**SPEECH
LANGUAGE
PATHOLOGIST**

**SOCIAL
WORKER**

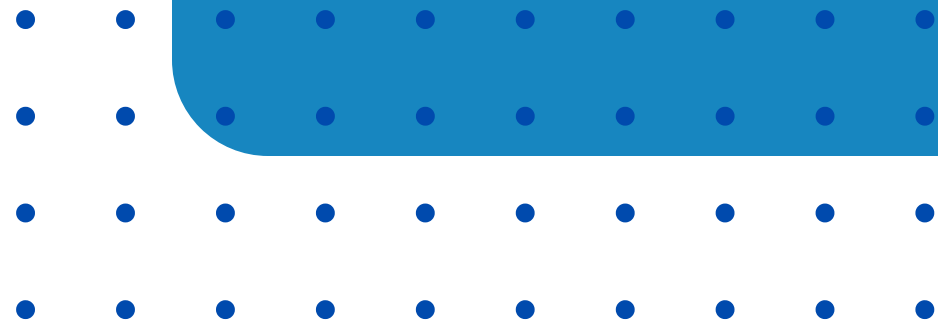
STOP & JOT

Three key points
you'd like to
remember



04.

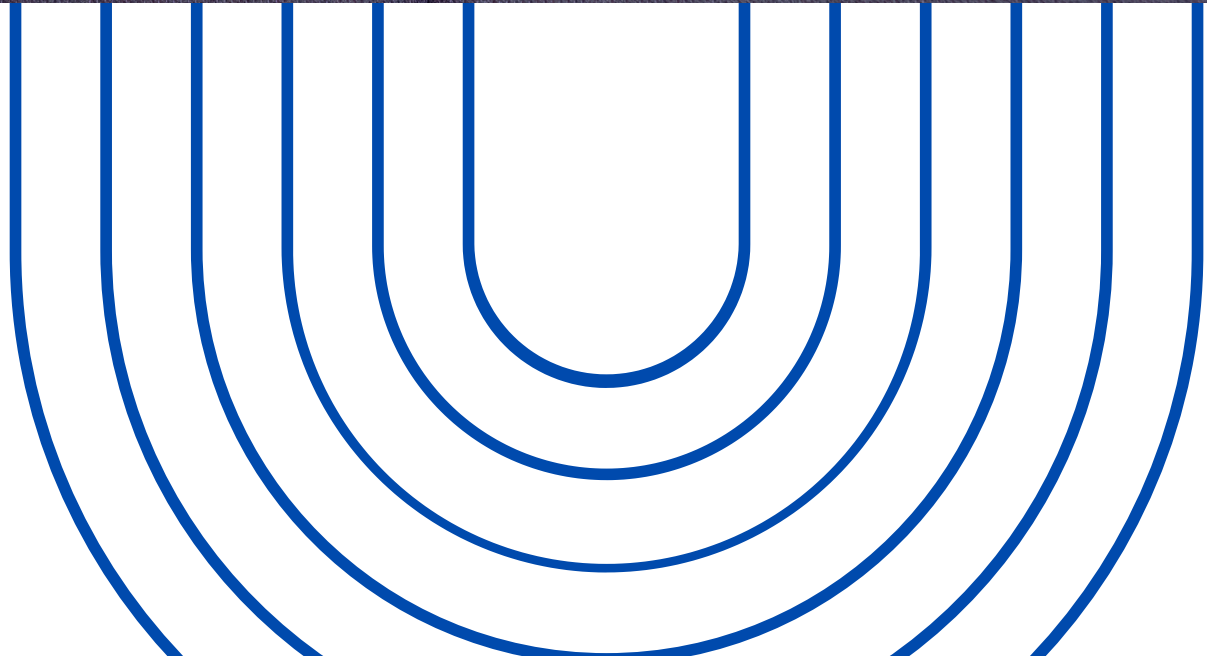
APPLY A TRANSDISCIPLINARY LENS TO YOUR WORK



CONSIDERATIONS FOR IMPLEMENTING A TRANSDISCIPLINARY APPROACH



- Patient-centered, holistic care
- Tailor team to meet cultural and linguistic needs of family system
- Maximize efficiency of care
- Acknowledge the need for varying approaches for different families
- Set expectations and structures for trauma-responsive service delivery



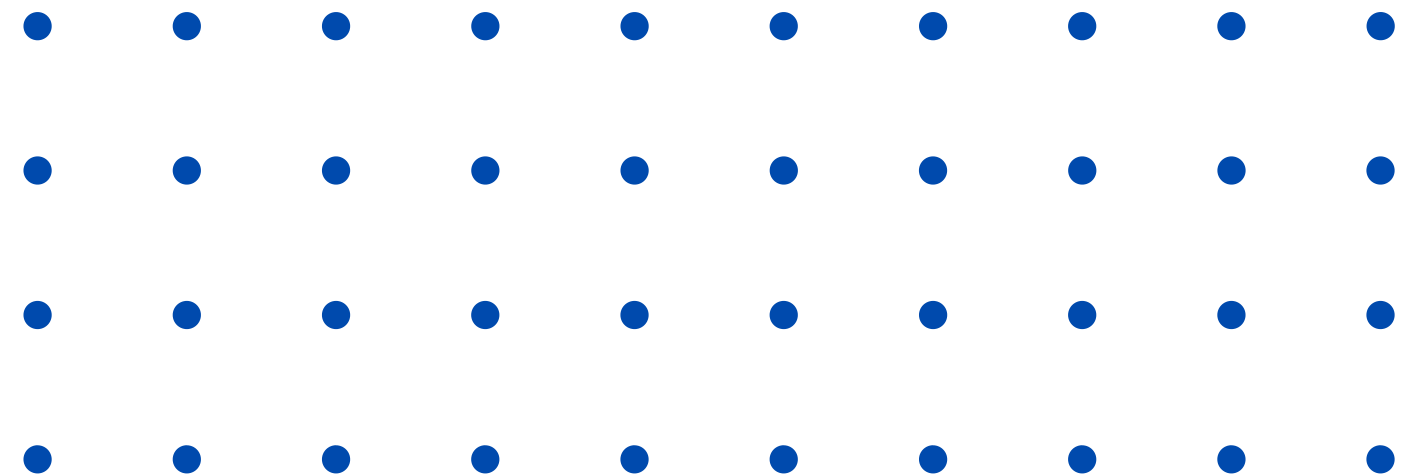
A TRANSDISCIPLINARY APPROACH IN YOUR WORK

- Requirements:
 - Willingness to make a shift
 - Shared framework of trust
 - Frequent and regular communication
 - Documentation of teaming in the medical record
 - Consensus
 - Flexibility



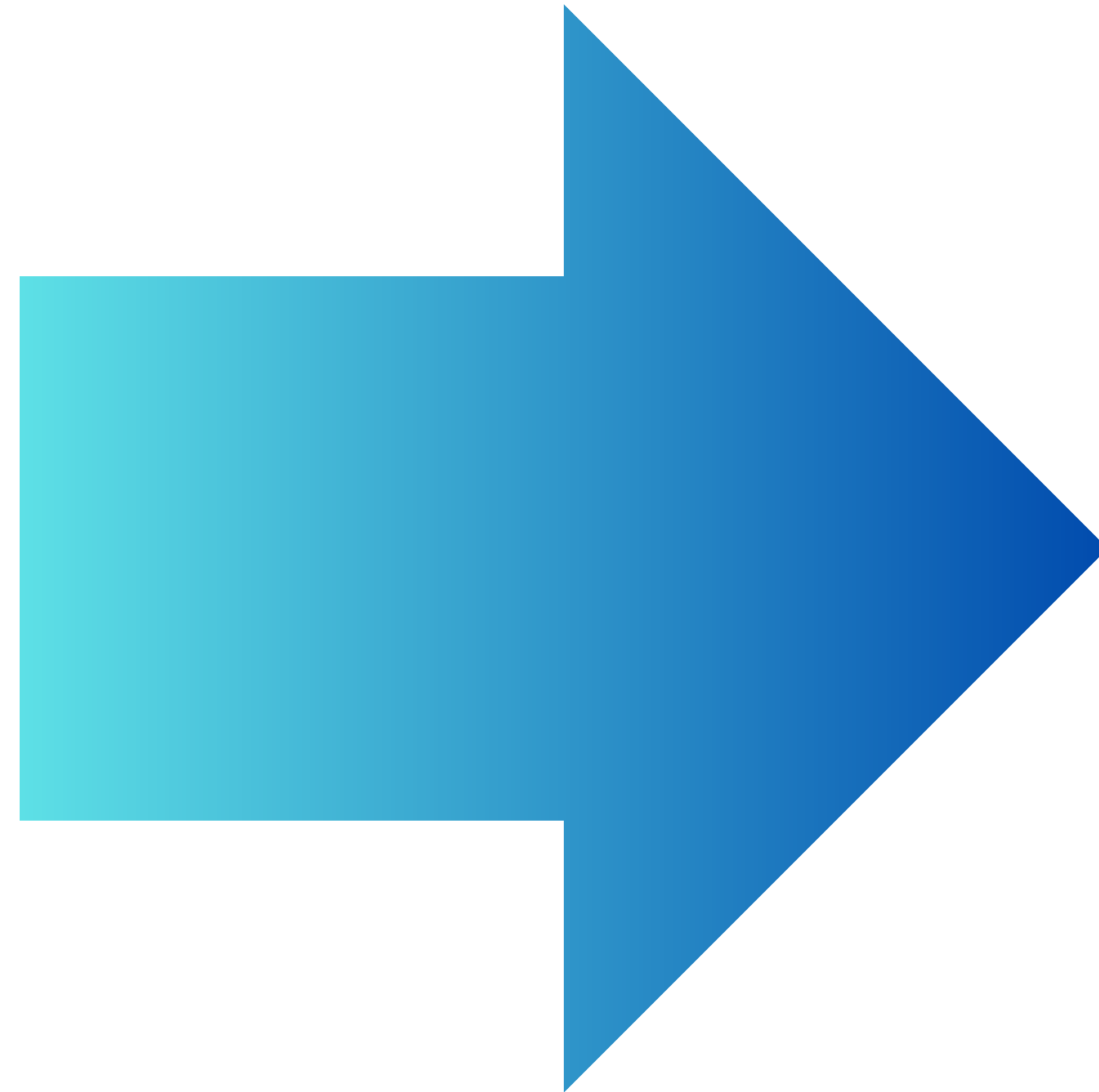
BRIDGE TO ACTION

- Your next steps:
 - Observing other professionals in action
 - Pursuing continuing education in other fields
 - Seizing opportunities for integrated team meetings
 - Letting go of your ego

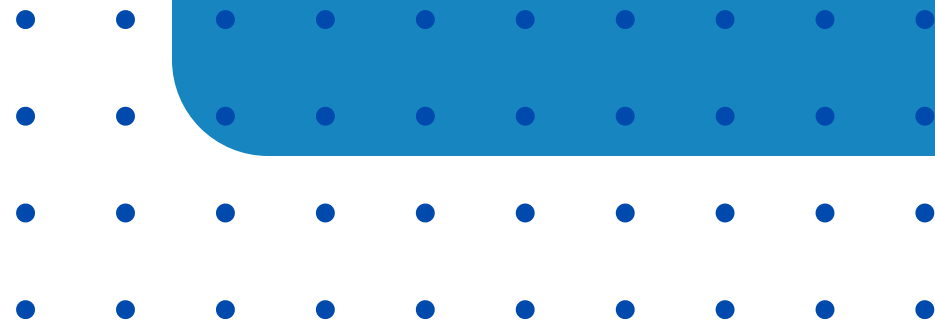


TURN & TALK

Chat with your neighbor about a new direction you'll go or action you'll take in your own work



THANK YOU!



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