

15th Annual Early Childhood Mental Health Conference: We Can't Wait

We Don't Wait - Nurturing and Healing in Action

Conference Schedule: Thursday, September 26, 2024

09/01/2024 SUBJECT TO CHANGE

All Times are PST

Application submitted for accreditation: Up to 16 Contact Hours CME/CE (depending upon which sessions you attend)

A-2 {Live + Virtual} (CME) Oh, the Places We Could Go! Navigating Complex Cases Charmi Patel Rao, MD, Co-Medical Director, Vista Hill Foundation, and Kelly Curtis-Hughes, LMFT, RPT, Early Childhood Mental Health Therapist, Rady Children's Hospital San Diego A-3 Reflecting on Ourselves, Reflecting on Others: Embracing the Transforming Nature of Reflective Practice Kim Flowers, LCSW, IF-ECMH RPF-M, Senior Director, Family Support Services, Neighborhood House Association, and Marilee Burgeson, MA, CCC-SLP, Senior Clinical Advisor, Positive Development A-4 Creating Spaces for Community Collaboration: Moving from Community Input to Community Action Brandi Paniagua, MAEd, Program Director, Partners in Prevention, Community Engagement and Well-Being, YMCA of San Diego County (CME) Utilizing Play to Support the Nurturing and Healing of Young Children Denise Von Rotz, LMFT, RPT-S, IF-ECMHS, RPF II, Owner, Hope and Healing Child and Family Therapy, Inc. 3:00 – 3:30 PM Break and Visit Exhibits and Bookstore Break and Visit Exhibits and Bookstore Breakout Session B B-1 {Live + Virtual} (CME) Amplifying All Voices: Augmentative and Alternative Communication (AAC) Shannon Jeng-Lin Apel, MA, CCC-SLP, Bilingual Mandarin-English Speech Language Pathologist, Rady Children's Hospital San Diego B-2 {Live + Virtual} (CME) Integration Matters! Coming Together, Keeping Together, Thriving Together: Transdisciplinary Clinical Care Makes a Difference Lauren Gist, MD, MPH, Joy Brewster, MEd, SLP, Cinnamon Harper, LCSW, and Hannah Kenny, ASW, Rady Children's Hospital KidSTART R.O.O.T.E.D. – Regulated Trauma-Informed Yoga for the ECE Classroom and Beyond Monica Rollins, Education Manager, Vista Village [CME] Climate Change and the Impact on Our Children		
E.00 - 8:30 AM Like + Virtual) Opening Remarks and Memorial Address Honoring Deb Stolz Prodeep Gidwanl, MD, MPH, FAAP	7:00 – 8:00 AM	
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8.45 – 10.15 AM (Live + Virtual) (CME) Bridging the Gap Between Families and Systems Designed to Serve Them Rahil Briggs, PsyD, National Director of Zero to Three's Healthysteps Pediatric Primary Care Program, and Clinical Professor of Pediatrics, Psychiatry, and Behavioral Sciences at Albert Einstein College of Medicine 10.15 – 10.45 AM Break and Visit Exhibits and Bookstore (Live + Virtual) (CME) 15-Year Perspective: Where We Were and Where We Are Now Pradeep Gidwani, MD, MPH, FAAP, Medical Director, Healthy Development Services (HDS) and First Steps, American Academy of Pediatrics, Colifornia Chapter 3, and Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH We Can't Wait Conference Co-Chair Colifornia Chapter 3, and Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH We Can't Wait Conference Co-Chair Colifornia Chapter 3, and Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH We Can't Wait Conference Co-Chair Colifornia Chapter 3, and Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH We Can't Wait Conference Co-Chair Colifornia Chapter 3, and Jeff Rowe, MD, Child and Adolescent Psychiatrist, Indiana Chapter 3, and Jeff Rowe, MD, Child and Adolescent Psychiatrist, Indiana Chapter 3, and Jeff Rowe, MD, Child and Adolescent Psychiatrist, Indiana Chapter 2, and Jeff Rowe, MD, Child Chapter 3, and Jeff Rowe, MD, Child Branch Chapter 3, and Jeff Rowe, MD, Child Branch Chapter 3, and Jeff Rowe, MD, Child Rowe, MD, Child Chapter 3, and Jeff Rowe, MD, Child Rowe, MD, Child Chapter 3, and Jeff Rowe, MD, Child Rowe, MD, Child Chapter 3, and Jeff Rowe, MD, Child Rowe,	8:00 – 8:30 AIVI	
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Entertainment by The Resonators: Acoustic Classic Rock and Blues	5:00 – 7:00 PM	- DocondI(I)
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15th Annual Early Childhood Mental Health Conference: We Can't Wait

We Don't Wait – Nurturing and Healing in Action

Conference Schedule: Friday, September 27, 2024

09/01/2024 SUBJECT TO CHANGE

All Times are PDT

Application submitted for accreditation: up to 16 Contact Hours CME/CE (depending upon which sessions you attend)

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7:00 – 8:00 AM	Live Registration Open
	Zoom Help Desk Open – Sign in early if you have questions or need assistance!
8:00 – 8:30 AM	{Live + Virtual} Opening Remarks and Memorial Address Honoring Chris Muecke
	Ali Freedman, PsyD, MBA, ECMH We Can't Wait Conference Co-Chair
8:30 – 8:45 AM	Break
8:45 – 10:15 AM	{Live + Virtual} (CME) Wholeness, Oneness, and Early Childhood Well-Being
	Richard Knecht , MS, Managing Partner, Integrated Human Services Group, Inc. and Integrated Services Advisor,
	State of California
10:15 – 10:45 AM	Break and Visit Exhibits and Bookstore
10:45 – 12:15 PM	{Live + Virtual} (CME) Reconnecting Services to Our Humanity: An Approach to Nurturing Staff and Increasing
	Service Quality
	Aimee Zeitz, LMFT, Executive Director, Community Well-Being, YMCA of San Diego County, Miriah de Matos,
	MPH, MA, Training and Technical Assistance Senior Manager, American Academy of Pediatrics, California
	Chapter 3, and Ariane Porras , SEP, Community Collaborative Director, Child Resource Center, YMCA of San Diego
	County
12:15 – 1:30 PM	Lunch – Visit Exhibits and Bookstore
1:30 – 3:00 PM	Breakout Session C
C-1	{Live + Virtual} (CME) Relationships and Neurobiology: The Art and Science of Child Development
	Pradeep Gidwani , MD, MPH, FAAP, Medical Director, Healthy Development Services (HDS) and First Steps,
	American Academy of Pediatrics, California Chapter 3
C-2	{Live + Virtual} (CME) Perinatal Mental Health – It Starts with You: A Reproductive Psychiatrist's Perspective
	on Empowering Providers to Help Birthing Parents and Families to Health and Wellness
	Simi Brar, MD, Child and Adolescent Psychiatrist
C-3	Talking to Parents and Caregivers about Screen Time and Social Media
	Francisco Castillo, Developmental Services, Palomar Health
C-4	Synergy Unleashed: Mastering Whole System Alignment and Integration
	Lori Clarke, MA, MFT, Co-Director, Social Policy Institute, San Diego State University, Clorinda Merino, MEd,
	Implementation Specialist, Social Policy Institute, San Diego State University, and Richard Knecht , MS,
_	Managing Partner, Integrated Human Services Group, Inc. and Integrated Services Advisor, State of California
C-5	Centered Parenting: Kids are Falling Apart Because Their Foundations are Shaky
	Ania Boyd, MPH, Community Engagement Lead, BrightLife Kids
3:00 – 3:30 PM	Break and Visit Exhibits and Bookstore
3:30 – 5:00 PM	Breakout Session D
D-1	{Live + Virtual} (CME) Reimagining a Child and Family Well-Being System of Care
	Alfredo Guardado, Assistant Director, and Sarah Glass, MSW, Deputy Director, County of San Diego Child and
	Family Well-Being Department, Office of Child and Family Strengthening
D-2	{Live + Virtual} (CME) "Children have layerslike an onion!": Young Children with Complex Cases
	Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH We Can't Wait Conference Co-Chair
D-3	CAAVE – Compassion, Acceptance, Awareness, Validation, and Empowerment: An Embodied Approach
	Krysta Esquivel and Kristina Halmai, Youth and Family Services, YMCA of San Diego County
D-4	The Spirit of Motivational Interviewing and The Path to MI Proficiency
_	Renee Sievert, RN, LMFT, PCC, Member of the Motivational Interviewing Network of Trainers (MINT)
D-5	Art Therapy *Limited to 25 participants
	Melanie Morones, LMFT, ATR, ECMHS, Clinical Social Service Program Director, YMCA of San Diego County, and
	Liz Sizemore, MA, AMFT, AT, San Diego Center for Children