



15th Annual Early Childhood Mental Health Conference: We Can't Wait

We Don't Wait – Nurturing and Healing in Action

Conference Schedule: Thursday, September 26, 2024

All Times are PST

09/01/2024
SUBJECT TO CHANGE

Application submitted for accreditation: Up to 16 Contact Hours CME/CE (depending upon which sessions you attend)

7:00 – 8:00 AM	Live Registration Open Zoom Help Desk Open – Sign in early if you have questions or need assistance!
8:00 – 8:30 AM	{Live + Virtual} Opening Remarks and Memorial Address Honoring Deb Stolz <i>Pradeep Gidwani, MD, MPH, FAAP</i>
8:30 – 8:45 AM	Break
8:45 – 10:15 AM	{Live + Virtual} (CME) Bridging the Gap Between Families and Systems Designed to Serve Them <i>Rahil Briggs, PsyD, National Director of Zero to Three's HealthySteps Pediatric Primary Care Program, and Clinical Professor of Pediatrics, Psychiatry, and Behavioral Sciences at Albert Einstein College of Medicine</i>
10:15 – 10:45 AM	Break and Visit Exhibits and Bookstore
10:45 – 12:15 PM	{Live + Virtual} (CME) 15-Year Perspective: Where We Were and Where We Are Now <i>Pradeep Gidwani, MD, MPH, FAAP, Medical Director, Healthy Development Services (HDS) and First Steps, American Academy of Pediatrics, California Chapter 3, and Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH We Can't Wait Conference Co-Chair</i>
12:15 – 1:30 PM	Lunch – Visit Exhibits and Bookstore
12:30 PM	Lunch and Learn: Continuing the Conversation About Bridging the Gap <i>Rahil Briggs, PsyD, National Director of Zero to Three's HealthySteps Pediatric Primary Care Program, and Clinical Professor of Pediatrics, Psychiatry, and Behavioral Sciences at Albert Einstein College of Medicine</i>
1:30 – 3:00 PM	Breakout Session A
A-1	{Live + Virtual} (CME) HOPE Informed Care Supporting Complex Pediatric Patients (Cultural Lens) <i>Natalie Elms, MA, Manager, KidSTART, Rady Children's Hospital San Diego, Amy Isiaho, BS, MS Candidate, Continuous Quality Improvement Policy Analyst, Child Welfare Department Services, Academy for Professional Excellence, San Diego State University</i>
A-2	{Live + Virtual} (CME) Oh, the Places We Could Go! Navigating Complex Cases <i>Charmi Patel Rao, MD, Co-Medical Director, Vista Hill Foundation, and Kelly Curtis-Hughes, LMFT, RPT, Early Childhood Mental Health Therapist, Rady Children's Hospital San Diego</i>
A-3	Reflecting on Ourselves, Reflecting on Others: Embracing the Transforming Nature of Reflective Practice <i>Kim Flowers, LCSW, IF-ECMH RPF-M, Senior Director, Family Support Services, Neighborhood House Association, and Marilee Burgeson, MA, CCC-SLP, Senior Clinical Advisor, Positive Development</i>
A-4	Creating Spaces for Community Collaboration: Moving from Community Input to Community Action <i>Brandi Paniagua, MAEd, Program Director, Partners in Prevention, Community Engagement and Well-Being, YMCA of San Diego County</i>
A-5	(CME) Utilizing Play to Support the Nurturing and Healing of Young Children <i>Denise Von Rotz, LMFT, RPT-S, IF-ECMH, RPF II, Owner, Hope and Healing Child and Family Therapy, Inc.</i>
3:00 – 3:30 PM	Break and Visit Exhibits and Bookstore
3:30 – 5:00 PM	Breakout Session B
B-1	{Live + Virtual} (CME) Amplifying All Voices: Augmentative and Alternative Communication (AAC) <i>Shannon Jeng-Lin Apel, MA, CCC-SLP, Bilingual Mandarin-English Speech Language Pathologist, Rady Children's Hospital San Diego</i>
B-2	{Live + Virtual} (CME) Integration Matters! Coming Together, Keeping Together, Thriving Together: Transdisciplinary Clinical Care Makes a Difference <i>Lauren Gist, MD, MPH, Joy Brewster, MEd, SLP, Cinnamon Harper, LCSW, and Hannah Kenny, ASW, Rady Children's Hospital KidSTART</i>
B-3	R.O.O.T.E.D. – Regulated Trauma-Informed Yoga for the ECE Classroom and Beyond <i>Monica Rollins, Education Manager, Vista Village</i>
B-4	(CME) Climate Change and the Impact on Our Children <i>Vi Thuy Nguyen, MD, Fellow of Environmental Health, American Academy of Pediatrics, California Chapter 3, and Aneesah Grayson, MPA, Program Coordinator/Lead Facilitator, Tarzana Treatment Centers and Co-Chair, Public Health Advisory Council (OC/LA)</i>
B-5	Somatic Practice: Incorporating the Body's Wisdom to Strengthen Community Engagement <i>Ariane Porras, SEP, Program Director of Partner and Community Engagement, Child Resource Center, YMCA of San Diego County</i>
5:00 – 7:00 PM	Networking Reception. Appetizers, No Host Bar Entertainment by The Resonators: Acoustic Classic Rock and Blues





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7:00 – 8:00 AM	Live Registration Open Zoom Help Desk Open – Sign in early if you have questions or need assistance!
8:00 – 8:30 AM	{Live + Virtual} Opening Remarks and Memorial Address Honoring Chris Muecke <i>Ali Freedman, PsyD, MBA, ECMH We Can't Wait Conference Co-Chair</i>
8:30 – 8:45 AM	Break
8:45 – 10:15 AM	{Live + Virtual} (CME) Wholeness, Oneness, and Early Childhood Well-Being <i>Richard Knecht, MS, Managing Partner, Integrated Human Services Group, Inc. and Integrated Services Advisor, State of California</i>
10:15 – 10:45 AM	Break and Visit Exhibits and Bookstore
10:45 – 12:15 PM	{Live + Virtual} (CME) Reconnecting Services to Our Humanity: An Approach to Nurturing Staff and Increasing Service Quality <i>Aimee Zeitz, LMFT, Executive Director, Community Well-Being, YMCA of San Diego County, Miriah de Matos, MPH, MA, Training and Technical Assistance Senior Manager, American Academy of Pediatrics, California Chapter 3, and Ariane Porras, SEP, Community Collaborative Director, Child Resource Center, YMCA of San Diego County</i>
12:15 – 1:30 PM	Lunch – Visit Exhibits and Bookstore
1:30 – 3:00 PM	Breakout Session C
C-1	{Live + Virtual} (CME) Relationships and Neurobiology: The Art and Science of Child Development <i>Pradeep Gidwani, MD, MPH, FAAP, Medical Director, Healthy Development Services (HDS) and First Steps, American Academy of Pediatrics, California Chapter 3</i>
C-2	{Live + Virtual} (CME) Perinatal Mental Health – It Starts with You: A Reproductive Psychiatrist's Perspective on Empowering Providers to Help Birthing Parents and Families to Health and Wellness <i>Simi Brar, MD, Child and Adolescent Psychiatrist</i>
C-3	Talking to Parents and Caregivers about Screen Time and Social Media <i>Francisco Castillo, Developmental Services, Palomar Health</i>
C-4	Synergy Unleashed: Mastering Whole System Alignment and Integration <i>Lori Clarke, MA, MFT, Co-Director, Social Policy Institute, San Diego State University, Clorinda Merino, MEd, Implementation Specialist, Social Policy Institute, San Diego State University, and Richard Knecht, MS, Managing Partner, Integrated Human Services Group, Inc. and Integrated Services Advisor, State of California</i>
C-5	Centered Parenting: Kids are Falling Apart Because Their Foundations are Shaky <i>Ania Boyd, MPH, Community Engagement Lead, BrightLife Kids</i>
3:00 – 3:30 PM	Break and Visit Exhibits and Bookstore
3:30 – 5:00 PM	Breakout Session D
D-1	{Live + Virtual} (CME) Reimagining a Child and Family Well-Being System of Care <i>Alfredo Guardado, Assistant Director, and Sarah Glass, MSW, Deputy Director, County of San Diego Child and Family Well-Being Department, Office of Child and Family Strengthening</i>
D-2	{Live + Virtual} (CME) "Children have layers...like an onion!": Young Children with Complex Cases <i>Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH We Can't Wait Conference Co-Chair</i>
D-3	CAAVE – Compassion, Acceptance, Awareness, Validation, and Empowerment: An Embodied Approach <i>Krysta Esquivel and Kristina Halmaj, Youth and Family Services, YMCA of San Diego County</i>
D-4	The Spirit of Motivational Interviewing and The Path to MI Proficiency <i>Renee Sievert, RN, LMFT, PCC, Member of the Motivational Interviewing Network of Trainers (MINT)</i>
D-5	Art Therapy *Limited to 25 participants <i>Melanie Morones, LMFT, ATR, ECMHS, Clinical Social Service Program Director, YMCA of San Diego County, and Liz Sizemore, MA, AMFT, AT, San Diego Center for Children</i>