



15th Annual Early Childhood Mental Health Conference: We Can't Wait

We Don't Wait – Nurturing and Healing in Action

Conference Schedule: Thursday, September 26, 2024

All Times are PDT

Up to 12.75 Contact Hours CME/CE

(depending upon which sessions you attend)

CME/CE Accreditation Noted in Red



7:00 – 8:00 AM	Live Registration Open Zoom Help Desk Open – Sign in early if you have questions or need assistance!
8:00 – 8:30 AM	{Live + Virtual} Opening Remarks and Memorial Address Honoring Deb Stolz Pradeep Gidwani, MD, MPH, FAAP
8:30 – 8:45 AM	Quick Break
8:45 – 10:15 AM ACCME, APA, ASWB, CA BRN	{Live + Virtual} Bridging the Gap Between Families and Systems Designed to Serve Them Rahil Briggs, PsyD, National Director of Zero to Three's HealthySteps Pediatric Primary Care Program, and Clinical Professor of Pediatrics, Psychiatry, and Behavioral Sciences at Albert Einstein College of Medicine
10:15 – 10:45 AM	Break and Visit Exhibits and Bookstore
10:45 – 12:15 PM ACCME, APA, ASWB, CA BRN	{Live + Virtual} 15-Year Perspective: Where We Were and Where We Are Now Pradeep Gidwani, MD, MPH, FAAP, Medical Director, Healthy Development Services (HDS) and First Steps, American Academy of Pediatrics, California Chapter 3, and Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH We Can't Wait Conference Co-Chair
12:15 – 1:30 PM	Lunch – Visit Exhibits and Bookstore
12:30 PM ACCME, APA, ASWB, CA BRN	Lunch and Learn: Continuing the Conversation About Bridging the Gap Rahil Briggs, PsyD, National Director of Zero to Three's HealthySteps Pediatric Primary Care Program, and Clinical Professor of Pediatrics, Psychiatry, and Behavioral Sciences at Albert Einstein College of Medicine
1:30 – 3:00 PM	Breakout Session A
A-1 ACCME, APA, ASWB, CA BRN	{Live + Virtual} Got HOPE? Bringing the Future into Focus Using a Strength-Based Lens Natalie Elms, MA, Manager, KidSTART, Rady Children's Hospital San Diego, and Amy Isiaho, MSW, Policy Analyst, Child and Family Well-Being Department, County of San Diego
A-2 ACCME, APA, ASWB, CA BRN	{Live + Virtual} Oh, the Places We Could Go! Navigating Complex Cases Charmi Patel Rao, MD, Co-Medical Director, Vista Hill Foundation, and Kelly Curtis-Hughes, LMFT, RPT, Early Childhood Mental Health Therapist, Rady Children's Hospital San Diego, KidSTART Clinic and BrightConnections
A-3 ACCME, APA, ASWB, CA BRN	Heal the Healer: Recognizing and Preventing Overwhelm and Burnout Honor Medina, LMFT, Advanced Clinical Hypnotherapist, Certified Equus Master Facilitator, and Certified Transpersonal Coach in Private Practice
A-4 ACCME, APA, ASWB, CA BRN	Creating Spaces for Community Collaboration: Moving from Community Input to Community Action Brandi Paniagua, MEd, Program Director, Partners in Prevention, Community Engagement and Well-Being, YMCA of San Diego County
A-5 ACCME, APA, ASWB, CA BRN	Utilizing Play to Support the Nurturing and Healing of Young Children Denise VonRotz, LMFT, RPT-S, IF-ECMHS, RPF II, Therapist/Owner, Hope and Healing Child and Family Therapy, Inc.
3:00 – 3:30 PM	Break and Visit Exhibits and Bookstore
3:30 – 5:00 PM	Breakout Session B
B-1 ACCME, APA, ASWB, CA BRN	{Live + Virtual} Amplifying All Voices: Augmentative and Alternative Communication (AAC) Shannon Jeng-Lin Apel, MA, CCC-SLP, Bilingual Mandarin-English Speech Language Pathologist, Rady Children's Hospital San Diego
B-2 ACCME, APA, ASWB, CA BRN	{Live + Virtual} Integration Matters! Coming Together, Keeping Together, Thriving Together: Transdisciplinary Clinical Care Makes a Difference Lauren Gist, MD, MPH, Associate Health Sciences Professor of Pediatrics, Developmental-Behavioral Pediatrics, UC San Diego and Rady Children's Hospital San Diego, Joy Brewster, MEd, SLP, Speech Language Pathologist, Rady Children's Hospital San Diego KidSTART, Cinnamon Harper, LCSW, Early Childhood Mental Health Therapist, KidSTART, Chadwick Center for Children and Families, and Hannah Kenny, MSW, Social Worker, KidSTART Center, Rady Children's Hospital San Diego
B-3 ACCME, APA, ASWB, CA BRN	Let's Get Rooted: Movement + Mindfulness for the Early Childhood Professional Monica Rollins, MA, Education Manager and Wellness Consultant, Vista Village
B-4 ACCME, APA, ASWB, CA BRN	Climate Change and the Impact on Our Children Vi Thuy Nguyen, MD, Fellow of Environmental Health, American Academy of Pediatrics, California Chapter 3, and Eleanor Jung, Pre-Med, University of CA San Diego
B-5 No CE/CME Credit	Somatic Practice: Incorporating the Body's Wisdom to Strengthen Community Engagement Ariane Porras, SEP, Community Collaborative Director, Child Resource Center, YMCA of San Diego County
5:00 – 7:00 PM	Networking Reception. Appetizers, No Host Bar Entertainment by The Resonators: Acoustic Classic Rock and Blues





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Up to 16 Contact Hours CME/CE (depending upon which sessions you attend)

CME/CE Approvals noted in red

09/24/2024
SUBJECT TO CHANGE

7:00 – 8:00 AM	Live Registration Open Zoom Help Desk Open – Sign in early if you have questions or need assistance!
8:00 – 8:30 AM	{Live + Virtual} Opening Remarks and Memorial Address Honoring Chris Muecke <i>Ali Freedman, PsyD, MBA, ECMH We Can't Wait Conference Co-Chair</i>
8:30 – 8:45 AM	Quick Break
8:45 – 10:15 AM ACCME, APA, ASWB, CA BRN	{Live + Virtual} Wholeness, Oneness, and Early Childhood Well-Being <i>Richard Knecht, MS, Managing Partner, Integrated Human Services Group, Inc. and Integrated Services Advisor, State of California</i>
10:15 – 10:45 AM	Break and Visit Exhibits and Bookstore
10:45 – 12:15 PM ACCME, APA, ASWB, CA BRN	{Live + Virtual} Reconnecting Services to Our Humanity: An Approach to Nurturing Staff and Increasing Service Quality <i>Aimee Zeitz, LMFT, Executive Director, Community Well-Being, YMCA of San Diego County, Miriah de Matos, MPH, MA, Training and Technical Assistance Senior Manager, American Academy of Pediatrics, California Chapter 3, and Ariane Porras, SEP, Community Collaborative Director, Child Resource Center, YMCA of San Diego County</i>
12:15 – 1:30 PM	Lunch – Visit Exhibits and Bookstore
1:30 – 3:00 PM	Breakout Session C
C-1 ACCME, APA, ASWB, CA BRN	{Live + Virtual} Relationships and Neurobiology: The Art and Science of Child Development <i>Pradeep Gidwani, MD, MPH, FAAP, Medical Director, Healthy Development Services (HDS) and First Steps, American Academy of Pediatrics, California Chapter 3</i>
C-2 ACCME, APA, CA BRN *No ASWB Credit	{Live + Virtual} Reflective Practice Supervision in Early Childhood Mental Health <i>Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH We Can't Wait Conference Co-Chair, and Christopher Walsh, LMFT, Clinical Director, Community Resource Center</i>
C-3 ACCME, APA, ASWB, CA BRN	Talking to Parents and Caregivers about Screen Time and Social Media <i>Francisco Castillo, BA, Developmental Services Specialist, Healthy Development Services, Palomar Health, Brynn Knight, DPT, Pediatric Physical Therapist, Healthy Development Services, Palomar Health, Heidi Leininger, MS, CCC-SLP, Speech Language Pathologist, Healthy Development Services, Palomar Health, Caroline Loretan, LMFT, Bilingual Mental Health Clinician and Behavior Specialist, Healthy Development Services, Palomar Health, and Angeles Flores, MEd, Developmental Services Specialist, Healthy Development Services, Palomar Health</i>
C-4 ACCME, APA, ASWB, CA BRN	Synergy Unleashed: Mastering Whole System Alignment and Integration <i>Lori Clarke, MA, Director/Principal Investigator, Social Policy Institute, San Diego State University, Clorinda Merino, MA, Integrated Learning Director, Social Policy Institute, San Diego State University, and Richard Knecht, MS, Managing Partner, Integrated Human Services Group, Inc. and Integrated Services Advisor, State of California</i>
C-5 ACCME, APA, ASWB, CA BRN	Centered Parenting: Kids Are Falling Apart Because Their Foundations Are Shaky <i>Ania Boyd, MPH, Community Engagement Lead, BrightLife Kids</i>
3:00 – 3:30 PM	Break and Visit Exhibits and Bookstore
3:30 – 5:00 PM	Breakout Session D
D-1 ACCME, APA, ASWB, CA BRN	{Live + Virtual} Reimagining a Child and Family Well-Being System of Care <i>Alfredo Guardado, MSW, Assistant Director, and Sarah Glass, MSW, Deputy Director, County of San Diego Child and Family Well-Being Department, Office of Child and Family Strengthening</i>
D-2 ACCME, APA, ASWB, CA BRN	{Live + Virtual} “Children have layers...like an onion!”: Young Children with Complex Cases <i>Jeff Rowe, MD, Child and Adolescent Psychiatrist, ECMH We Can't Wait Conference Co-Chair</i>
D-3 ACCME, APA, ASWB, CA BRN	The Deb Stolz Memorial Workshop: CAAVE – Compassion, Acceptance, Awareness, Validation, and Empowerment: An Embodied Approach <i>Krysta Esquivel,, MSW, Vice President Social Services, YMCA of San Diego County, and Kristina Halmaj-Gillan, LMFT, Director of Service Innovation, Youth and Family Services, YMCA of San Diego County</i>
D-4 ACCME, APA, ASWB, CA BRN	The Spirit of Motivational Interviewing and The Path to MI Proficiency <i>Renee Sievert, RN, LMFT, PCC, Member of the Motivational Interviewing Network of Trainers (MINT)</i>
D-5 ACCME, APA, ASWB, CA BRN	But First, the Art: An Art-Based Directive for Families and Groups <i>*Limited to 25 participants</i> <i>Melanie Morones, LMFT, ATR, ECMHS, Early Childhood Mental Health Clinical Program Director, YMCA of San Diego County, and Liz Sizemore, MA, AMFT, AT, San Diego Center for Children</i>